

































Long Beach (inside), NY - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:14	3.2	12:23	3.4	5:44	0.7	6:18	0.3	7:18	4:37	
2	Thu	1:01	3.2	1:09	3.3	6:42	0.8	7:08	0.4	7:18	4:38	
3	Fri	1:46	3.2	1:56	3.1	7:47	0.9	8:02	0.4	7:18	4:39	
4	Sat	2:31	3.3	2:46	3.0	8:50	0.8	8:54	0.4	7:18	4:40	
5	Sun	3:20	3.4	3:42	3.0	9:46	0.6	9:44	0.3	7:18	4:41	
6	Mon	4:12	3.6	4:40	3.1	10:38	0.4	10:31	0.1	7:18	4:42	
7	Tue	5:04	3.8	5:34	3.2	11:26	0.1	11:18	0.0	7:18	4:43	
8	Wed	5:51	4.1	6:23	3.3			12:14	-0.1	7:18	4:44	
9	Thu	6:36	4.4	7:08	3.5	12:05	-0.2	1:02	-0.4	7:17	4:45	
10	Fri	7:19	4.6	7:53	3.6	12:54	-0.3	1:50	-0.6	7:17	4:46	
11	Sat	8:04	4.7	8:40	3.7	1:43	-0.5	2:37	-0.7	7:17	4:47	
12	Sun	8:51	4.7	9:30	3.8	2:33	-0.5	3:22	-0.8	7:17	4:48	
13	Mon	9:41	4.6	10:23	3.8	3:21	-0.6	4:07	-0.8	7:16	4:49	
14	Tue	10:35	4.4	11:19	3.9	4:10	-0.5	4:53	-0.7	7:16	4:50	
15	Wed	11:32	4.2			5:03	-0.3	5:43	-0.6	7:16	4:51	
16	Thu	12:17	3.9	12:29	4.0	6:04	-0.1	6:40	-0.4	7:15	4:52	
17	Fri	1:13	4.0	1:27	3.7	7:12	0.0	7:41	-0.3	7:15	4:53	
18	Sat	2:09	4.0	2:25	3.5	8:22	0.1	8:42	-0.2	7:14	4:55	
19	Sun	3:07	4.0	3:27	3.3	9:28	0.0	9:41	-0.2	7:14	4:56	
20	Mon	4:08	4.0	4:32	3.3	10:28	-0.1	10:36	-0.2	7:13	4:57	
21	Tue	5:08	4.1	5:33	3.3	11:22	-0.2	11:27	-0.2	7:13	4:58	
22	Wed	6:01	4.2	6:26	3.4			12:13	-0.3	7:12	4:59	
23	Thu	6:49	4.3	7:14	3.5	12:17	-0.2	1:01	-0.4	7:11	5:00	
24	Fri	7:33	4.3	7:58	3.5	1:04	-0.2	1:47	-0.4	7:11	5:02	
25	Sat	8:14	4.2	8:40	3.5	1:50	-0.2	2:29	-0.5	7:10	5:03	
26	Sun	8:55	4.1	9:22	3.5	2:33	-0.2	3:07	-0.4	7:09	5:04	
27	Mon	9:35	3.9	10:03	3.4	3:13	-0.1	3:43	-0.3	7:08	5:05	
28	Tue	10:16	3.7	10:45	3.3	3:50	0.1	4:17	-0.2	7:08	5:06	
29	Wed	10:57	3.5	11:28	3.3	4:28	0.2	4:51	-0.1	7:07	5:08	
30	Thu	11:39	3.3			5:06	0.4	5:26	0.1	7:06	5:09	
31	Fri	12:10	3.2	12:23	3.1	5:51	0.6	6:06	0.3	7:05	5:10	