

































Long Beach (inside), NY - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:11	4.0	5:52	4.9	11:21	0.0			5:27	8:29	
2	Thu	6:15	4.0	6:47	5.0	12:08	0.1	12:14	0.0	5:28	8:29	
3	Fri	7:13	4.0	7:39	5.1	1:03	0.0	1:06	0.0	5:28	8:28	
4	Sat	8:06	4.1	8:27	5.1	1:55	-0.1	1:58	0.1	5:29	8:28	
5	Sun	8:56	4.1	9:14	5.0	2:47	-0.2	2:49	0.1	5:30	8:28	
6	Mon	9:45	4.1	10:01	4.8	3:35	-0.2	3:38	0.3	5:30	8:28	
7	Tue	10:34	4.0	10:47	4.6	4:19	-0.1	4:23	0.4	5:31	8:27	
8	Wed	11:24	3.9	11:35	4.4	5:00	0.0	5:06	0.6	5:32	8:27	
9	Thu			12:13	3.8	5:40	0.2	5:49	0.8	5:32	8:27	
10	Fri	12:23	4.1	1:02	3.8	6:21	0.4	6:36	1.0	5:33	8:26	
11	Sat	1:10	3.9	1:48	3.8	7:03	0.5	7:30	1.2	5:34	8:26	
12	Sun	1:56	3.7	2:32	3.8	7:49	0.7	8:30	1.2	5:34	8:25	
13	Mon	2:41	3.6	3:15	3.9	8:39	0.8	9:31	1.2	5:35	8:25	
14	Tue	3:29	3.5	4:01	3.9	9:30	0.8	10:28	1.1	5:36	8:24	
15	Wed	4:21	3.4	4:50	4.0	10:20	0.8	11:20	0.9	5:37	8:24	
16	Thu	5:19	3.4	5:42	4.2	11:09	0.7			5:38	8:23	
17	Fri	6:16	3.5	6:31	4.4	12:09	0.7	11:57 AM	0.6	5:38	8:22	
18	Sat	7:06	3.6	7:17	4.6	12:56	0.5	12:44	0.5	5:39	8:22	
19	Sun	7:52	3.8	8:00	4.8	1:44	0.3	1:32	0.4	5:40	8:21	
20	Mon	8:36	3.9	8:43	4.9	2:31	0.1	2:21	0.3	5:41	8:20	
21	Tue	9:21	4.0	9:27	5.0	3:17	-0.1	3:11	0.2	5:42	8:19	
22	Wed	10:08	4.1	10:14	5.0	4:01	-0.2	3:59	0.1	5:43	8:19	
23	Thu	10:58	4.2	11:05	4.8	4:44	-0.3	4:47	0.1	5:43	8:18	
24	Fri	11:52	4.3			5:27	-0.2	5:37	0.2	5:44	8:17	
25	Sat	12:00	4.7	12:47	4.4	6:13	-0.1	6:33	0.3	5:45	8:16	
26	Sun	12:57	4.5	1:42	4.5	7:04	0.0	7:37	0.5	5:46	8:15	
27	Mon	1:54	4.2	2:37	4.6	8:02	0.1	8:46	0.5	5:47	8:14	
28	Tue	2:51	4.0	3:32	4.7	9:03	0.2	9:54	0.5	5:48	8:13	
29	Wed	3:50	3.9	4:31	4.7	10:04	0.3	10:56	0.4	5:49	8:12	
30	Thu	4:55	3.8	5:33	4.7	11:02	0.3	11:54	0.3	5:50	8:11	
31	Fri	6:00	3.8	6:31	4.8	11:57	0.3			5:51	8:10	