

































## Long Beach (inside), NY - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:34	3.6	10:25	4.3	4:21	0.3	4:09	0.7	5:27	8:29	
2	Sat	11:17	3.5	11:02	4.2	4:57	0.4	4:47	0.8	5:28	8:29	
3	Sun			12:00	3.5	5:32	0.4	5:24	0.9	5:28	8:29	
4	Mon			12:44	3.6	6:07	0.5	6:05	1.0	5:29	8:28	
5	Tue	12:27	4.0	1:27	3.7	6:44	0.5	6:56	1.0	5:29	8:28	
6	Wed	1:16	3.9	2:11	3.9	7:29	0.6	8:01	1.0	5:30	8:28	
7	Thu	2:08	3.8	2:59	4.1	8:22	0.6	9:12	0.9	5:31	8:28	
8	Fri	3:03	3.7	3:51	4.4	9:21	0.5	10:20	0.7	5:31	8:27	
9	Sat	4:05	3.7	4:51	4.6	10:21	0.4	11:21	0.4	5:32	8:27	
10	Sun	5:14	3.7	5:54	4.9	11:19	0.2			5:33	8:26	
11	Mon	6:22	3.8	6:53	5.1	12:19	0.2	12:17	0.1	5:33	8:26	
12	Tue	7:23	4.0	7:48	5.3	1:16	-0.1	1:15	0.0	5:34	8:26	
13	Wed	8:19	4.2	8:42	5.4	2:12	-0.3	2:13	-0.1	5:35	8:25	
14	Thu	9:15	4.3	9:36	5.4	3:07	-0.5	3:11	-0.2	5:36	8:24	
15	Fri	10:10	4.4	10:30	5.2	3:58	-0.5	4:06	-0.1	5:36	8:24	
16	Sat	11:07	4.4	11:24	5.0	4:47	-0.5	4:58	0.0	5:37	8:23	
17	Sun			12:04	4.4	5:34	-0.4	5:50	0.2	5:38	8:23	
18	Mon	12:19	4.7	12:59	4.4	6:22	-0.2	6:46	0.5	5:39	8:22	
19	Tue	1:13	4.4	1:51	4.3	7:11	0.1	7:46	0.7	5:40	8:21	
20	Wed	2:05	4.1	2:40	4.3	8:03	0.3	8:50	0.9	5:40	8:21	
21	Thu	2:55	3.8	3:28	4.2	8:56	0.5	9:51	0.9	5:41	8:20	
22	Fri	3:46	3.6	4:18	4.2	9:48	0.7	10:47	0.8	5:42	8:19	
23	Sat	4:42	3.4	5:11	4.2	10:38	0.7	11:38	0.8	5:43	8:18	
24	Sun	5:40	3.4	6:03	4.2	11:25	0.8			5:44	8:17	
25	Mon	6:34	3.5	6:51	4.3	12:25	0.7	12:11	0.7	5:45	8:16	
26	Tue	7:22	3.6	7:34	4.4	1:10	0.5	12:56	0.7	5:46	8:16	
27	Wed	8:06	3.7	8:14	4.5	1:54	0.4	1:41	0.7	5:47	8:15	
28	Thu	8:47	3.7	8:51	4.5	2:37	0.3	2:26	0.6	5:48	8:14	
29	Fri	9:27	3.8	9:27	4.5	3:17	0.3	3:09	0.6	5:48	8:13	
30	Sat	10:06	3.8	10:01	4.4	3:55	0.2	3:49	0.6	5:49	8:12	
31	Sun	10:44	3.8	10:36	4.3	4:29	0.2	4:27	0.6	5:50	8:11	