

































## Long Beach (inside), NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:09	3.4	3:48	2.8	9:49	0.5	9:42	0.7	6:28	5:45	
2	Thu	4:12	3.4	4:50	2.9	10:41	0.4	10:35	0.5	6:26	5:46	
3	Fri	5:11	3.5	5:44	3.1	11:28	0.3	11:24	0.4	6:25	5:47	
4	Sat	6:00	3.6	6:29	3.3			12:10	0.1	6:23	5:48	
5	Sun	6:42	3.8	7:09	3.6	12:09	0.2	12:51	0.0	6:22	5:50	
6	Mon	7:19	3.9	7:46	3.7	12:53	0.1	1:29	-0.1	6:20	5:51	
7	Tue	7:54	4.0	8:20	3.8	1:35	0.0	2:06	-0.2	6:18	5:52	
8	Wed	8:27	3.9	8:52	3.9	2:15	-0.1	2:40	-0.2	6:17	5:53	
9	Thu	8:59	3.8	9:24	3.9	2:53	-0.1	3:11	-0.2	6:15	5:54	
10	Fri	9:32	3.7	9:58	3.9	3:30	-0.1	3:40	-0.1	6:14	5:55	
11	Sat	10:09	3.5	10:36	4.0	4:06	0.0	4:10	0.0	6:12	5:56	
12	Sun	11:54	3.4			5:46	0.1	5:43	0.1	7:10	6:57	
13	Mon	12:24	3.9	12:49	3.2	6:35	0.3	6:26	0.3	7:09	6:58	
14	Tue	1:21	3.9	1:51	3.1	7:40	0.4	7:30	0.4	7:07	6:59	
15	Wed	2:23	3.9	2:57	3.1	9:00	0.4	8:59	0.5	7:06	7:00	
16	Thu	3:30	3.9	4:09	3.2	10:14	0.3	10:20	0.3	7:04	7:02	
17	Fri	4:43	4.0	5:23	3.4	11:17	0.0	11:27	0.0	7:02	7:03	
18	Sat	5:54	4.2	6:29	3.8			12:13	-0.3	7:01	7:04	
19	Sun	6:54	4.5	7:24	4.2	12:27	-0.3	1:05	-0.6	6:59	7:05	
20	Mon	7:47	4.7	8:14	4.5	1:23	-0.5	1:54	-0.8	6:57	7:06	
21	Tue	8:35	4.7	9:00	4.7	2:16	-0.7	2:41	-0.9	6:56	7:07	
22	Wed	9:22	4.6	9:46	4.7	3:07	-0.8	3:26	-0.9	6:54	7:08	
23	Thu	10:08	4.4	10:31	4.6	3:55	-0.7	4:08	-0.7	6:52	7:09	
24	Fri	10:56	4.2	11:16	4.4	4:40	-0.5	4:48	-0.4	6:51	7:10	
25	Sat	11:45	3.8			5:25	-0.3	5:27	-0.1	6:49	7:11	
26	Sun	12:03	4.2	12:36	3.5	6:11	0.1	6:08	0.3	6:47	7:12	
27	Mon	12:52	3.9	1:30	3.3	7:02	0.4	6:54	0.6	6:46	7:13	
28	Tue	1:43	3.7	2:23	3.1	8:02	0.7	7:53	0.9	6:44	7:14	
29	Wed	2:35	3.5	3:17	3.0	9:09	0.8	9:03	1.0	6:42	7:15	
30	Thu	3:30	3.4	4:15	3.0	10:12	0.8	10:10	1.0	6:41	7:16	
31	Fri	4:31	3.4	5:16	3.1	11:05	0.7	11:07	0.8	6:39	7:17	