
































Long Beach (inside), NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:50	3.7	7:14	5.0	12:47	0.3	12:39	0.3	5:27	8:29	
2	Sun	7:44	3.8	8:05	5.2	1:40	0.0	1:33	0.2	5:28	8:29	
3	Mon	8:36	4.0	8:55	5.3	2:33	-0.2	2:29	0.1	5:28	8:29	
4	Tue	9:29	4.1	9:48	5.3	3:25	-0.3	3:24	0.0	5:29	8:28	
5	Wed	10:24	4.2	10:42	5.2	4:14	-0.4	4:18	0.0	5:29	8:28	
6	Thu	11:22	4.3	11:39	5.0	5:03	-0.5	5:11	0.1	5:30	8:28	
7	Fri			12:20	4.3	5:51	-0.4	6:06	0.2	5:30	8:28	
8	Sat	12:36	4.7	1:18	4.4	6:41	-0.2	7:07	0.4	5:31	8:27	
9	Sun	1:33	4.5	2:12	4.5	7:35	-0.1	8:13	0.6	5:32	8:27	
10	Mon	2:27	4.2	3:05	4.5	8:32	0.1	9:20	0.6	5:32	8:27	
11	Tue	3:21	4.0	3:57	4.5	9:28	0.3	10:23	0.6	5:33	8:26	
12	Wed	4:17	3.7	4:53	4.4	10:22	0.4	11:20	0.6	5:34	8:26	
13	Thu	5:18	3.6	5:48	4.5	11:13	0.5			5:35	8:25	
14	Fri	6:16	3.6	6:40	4.5	12:12	0.5	12:01	0.5	5:35	8:25	
15	Sat	7:09	3.6	7:26	4.5	1:00	0.4	12:48	0.6	5:36	8:24	
16	Sun	7:56	3.7	8:08	4.5	1:47	0.4	1:34	0.6	5:37	8:23	
17	Mon	8:40	3.7	8:48	4.5	2:32	0.3	2:19	0.6	5:38	8:23	
18	Tue	9:22	3.8	9:27	4.5	3:14	0.3	3:03	0.6	5:39	8:22	
19	Wed	10:04	3.8	10:05	4.3	3:53	0.3	3:45	0.6	5:39	8:21	
20	Thu	10:46	3.7	10:42	4.2	4:29	0.3	4:24	0.7	5:40	8:21	
21	Fri	11:28	3.7	11:19	4.0	5:02	0.4	5:01	0.8	5:41	8:20	
22	Sat			12:10	3.7	5:35	0.5	5:39	0.9	5:42	8:19	
23	Sun			12:51	3.8	6:06	0.6	6:19	1.0	5:43	8:18	
24	Mon	12:38	3.7	1:31	3.8	6:40	0.7	7:09	1.1	5:44	8:18	
25	Tue	1:23	3.6	2:12	3.9	7:19	0.8	8:13	1.2	5:45	8:17	
26	Wed	2:12	3.5	2:57	4.1	8:11	0.8	9:22	1.1	5:46	8:16	
27	Thu	3:06	3.4	3:49	4.3	9:14	0.8	10:28	0.9	5:46	8:15	
28	Fri	4:09	3.4	4:50	4.4	10:18	0.7	11:28	0.6	5:47	8:14	
29	Sat	5:20	3.5	5:55	4.7	11:20	0.5			5:48	8:13	
30	Sun	6:28	3.7	6:55	5.0	12:24	0.3	12:19	0.3	5:49	8:12	
31	Mon	7:26	3.9	7:49	5.2	1:19	0.0	1:17	0.1	5:50	8:11	