

































## Long Beach (inside), NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:20	4.2	8:41	5.4	2:12	-0.2	2:15	-0.1	5:51	8:10	
2	Wed	9:13	4.4	9:33	5.4	3:04	-0.5	3:11	-0.2	5:52	8:09	
3	Thu	10:06	4.6	10:25	5.2	3:53	-0.6	4:05	-0.2	5:53	8:08	
4	Fri	11:00	4.7	11:19	5.0	4:40	-0.6	4:57	-0.1	5:54	8:07	
5	Sat	11:56	4.7			5:25	-0.5	5:49	0.1	5:55	8:05	
6	Sun	12:14	4.7	12:51	4.7	6:12	-0.3	6:45	0.3	5:56	8:04	
7	Mon	1:09	4.4	1:44	4.6	7:02	0.0	7:48	0.6	5:57	8:03	
8	Tue	2:03	4.1	2:36	4.5	7:56	0.3	8:54	0.7	5:58	8:02	
9	Wed	2:57	3.8	3:28	4.4	8:54	0.6	9:59	0.8	5:59	8:00	
10	Thu	3:53	3.6	4:23	4.3	9:53	0.7	10:58	0.8	6:00	7:59	
11	Fri	4:53	3.5	5:21	4.2	10:48	0.8	11:50	0.7	6:01	7:58	
12	Sat	5:54	3.5	6:17	4.3	11:39	0.8			6:02	7:57	
13	Sun	6:49	3.6	7:05	4.3	12:38	0.6	12:27	0.8	6:03	7:55	
14	Mon	7:35	3.7	7:48	4.4	1:22	0.5	1:13	0.7	6:04	7:54	
15	Tue	8:18	3.9	8:27	4.5	2:04	0.4	1:58	0.6	6:05	7:53	
16	Wed	8:57	4.0	9:03	4.5	2:45	0.3	2:41	0.6	6:06	7:51	
17	Thu	9:35	4.0	9:38	4.4	3:22	0.3	3:22	0.6	6:07	7:50	
18	Fri	10:12	4.0	10:11	4.3	3:57	0.3	4:01	0.6	6:08	7:48	
19	Sat	10:48	4.0	10:44	4.1	4:29	0.3	4:37	0.7	6:09	7:47	
20	Sun	11:23	4.0	11:18	3.9	4:58	0.4	5:12	0.8	6:10	7:45	
21	Mon	11:59	4.0	11:57	3.8	5:26	0.5	5:50	0.9	6:11	7:44	
22	Tue			12:40	4.1	5:54	0.7	6:34	1.0	6:11	7:43	
23	Wed	12:45	3.6	1:26	4.1	6:29	0.8	7:34	1.1	6:12	7:41	
24	Thu	1:40	3.5	2:19	4.2	7:20	0.9	8:49	1.1	6:13	7:40	
25	Fri	2:40	3.4	3:17	4.3	8:34	0.9	10:03	0.9	6:14	7:38	
26	Sat	3:46	3.4	4:24	4.5	9:54	0.8	11:07	0.6	6:15	7:36	
27	Sun	5:00	3.6	5:35	4.7	11:04	0.6			6:16	7:35	
28	Mon	6:10	3.8	6:38	5.0	12:04	0.3	12:06	0.3	6:17	7:33	
29	Tue	7:10	4.2	7:33	5.2	12:57	0.0	1:04	0.1	6:18	7:32	
30	Wed	8:03	4.6	8:25	5.3	1:49	-0.3	2:01	-0.2	6:19	7:30	
31	Thu	8:54	4.9	9:14	5.3	2:39	-0.5	2:56	-0.3	6:20	7:29	