

































Long Beach (inside), NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:24	3.1	11:54	3.6	5:11	0.4	5:03	0.3	6:27	5:46	
2	Sat			12:14	2.9	5:59	0.5	5:43	0.5	6:25	5:47	
3	Sun	12:44	3.6	1:11	2.8	7:08	0.6	6:47	0.6	6:24	5:48	
4	Mon	1:42	3.6	2:15	2.8	8:28	0.6	8:18	0.6	6:22	5:49	
5	Tue	2:49	3.7	3:28	2.9	9:37	0.4	9:36	0.4	6:20	5:50	
6	Wed	4:02	3.9	4:41	3.2	10:37	0.1	10:41	0.1	6:19	5:52	
7	Thu	5:10	4.2	5:43	3.6	11:30	-0.3	11:39	-0.3	6:17	5:53	
8	Fri	6:08	4.5	6:36	4.1			12:21	-0.6	6:16	5:54	
9	Sat	6:59	4.7	7:25	4.4	12:35	-0.6	1:10	-0.9	6:14	5:55	
10	Sun	8:48	4.8	9:13	4.7	1:29	-0.8	2:57	-1.0	7:12	6:56	
11	Mon	9:36	4.8	10:01	4.8	3:21	-0.9	3:43	-1.1	7:11	6:57	
12	Tue	10:26	4.6	10:51	4.7	4:12	-0.9	4:27	-1.0	7:09	6:58	
13	Wed	11:17	4.3	11:42	4.6	5:00	-0.7	5:11	-0.7	7:08	6:59	
14	Thu			12:11	3.9	5:50	-0.4	5:56	-0.3	7:06	7:00	
15	Fri	12:36	4.3	1:08	3.6	6:45	-0.1	6:46	0.1	7:04	7:01	
16	Sat	1:31	4.0	2:06	3.3	7:48	0.3	7:46	0.5	7:03	7:02	
17	Sun	2:27	3.8	3:04	3.1	8:58	0.5	8:56	0.7	7:01	7:03	
18	Mon	3:25	3.6	4:05	3.1	10:05	0.5	10:04	0.7	6:59	7:05	
19	Tue	4:28	3.5	5:09	3.1	11:04	0.5	11:04	0.7	6:58	7:06	
20	Wed	5:32	3.5	6:08	3.3	11:53	0.4	11:55	0.5	6:56	7:07	
21	Thu	6:27	3.6	6:57	3.5			12:36	0.2	6:54	7:08	
22	Fri	7:13	3.7	7:38	3.7	12:41	0.3	1:16	0.1	6:53	7:09	
23	Sat	7:52	3.9	8:15	3.9	1:25	0.2	1:54	0.0	6:51	7:10	
24	Sun	8:28	3.9	8:50	4.1	2:07	0.1	2:30	0.0	6:49	7:11	
25	Mon	9:02	3.9	9:23	4.1	2:48	0.0	3:05	0.0	6:48	7:12	
26	Tue	9:35	3.8	9:54	4.1	3:26	0.0	3:37	0.0	6:46	7:13	
27	Wed	10:07	3.6	10:24	4.1	4:03	0.0	4:07	0.1	6:45	7:14	
28	Thu	10:39	3.5	10:55	4.0	4:38	0.1	4:36	0.2	6:43	7:15	
29	Fri	11:15	3.3	11:31	4.0	5:13	0.2	5:03	0.4	6:41	7:16	
30	Sat	11:59	3.2			5:50	0.3	5:35	0.5	6:40	7:17	
31	Sun	12:17	3.9	12:53	3.1	6:37	0.5	6:18	0.7	6:38	7:18	