
































## Long Beach (inside), NY - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:32	3.6	9:39	4.4	3:24	0.2	3:16	0.7	5:25	8:19	
2	Tue	10:12	3.5	10:16	4.3	4:04	0.3	3:55	0.8	5:25	8:19	
3	Wed	10:54	3.4	10:53	4.2	4:41	0.3	4:32	0.9	5:25	8:20	
4	Thu	11:38	3.4	11:34	4.1	5:18	0.4	5:08	1.0	5:24	8:21	
5	Fri			12:24	3.4	5:55	0.5	5:46	1.1	5:24	8:21	
6	Sat	12:19	4.0	1:11	3.5	6:35	0.6	6:33	1.1	5:24	8:22	
7	Sun	1:09	3.9	1:56	3.6	7:20	0.6	7:36	1.2	5:23	8:23	
8	Mon	1:59	3.8	2:43	3.9	8:13	0.6	8:50	1.1	5:23	8:23	
9	Tue	2:52	3.8	3:33	4.1	9:09	0.5	9:59	0.9	5:23	8:24	
10	Wed	3:50	3.8	4:28	4.4	10:05	0.4	11:01	0.6	5:23	8:24	
11	Thu	4:55	3.8	5:28	4.7	10:59	0.2	11:59	0.3	5:23	8:25	
12	Fri	6:00	3.8	6:27	5.0	11:53	0.1			5:23	8:25	
13	Sat	7:01	4.0	7:23	5.2	12:55	0.0	12:48	-0.1	5:23	8:26	
14	Sun	7:58	4.1	8:16	5.4	1:52	-0.2	1:45	-0.1	5:23	8:26	
15	Mon	8:53	4.2	9:09	5.4	2:48	-0.4	2:43	-0.2	5:23	8:27	
16	Tue	9:49	4.3	10:04	5.2	3:41	-0.5	3:39	-0.1	5:23	8:27	
17	Wed	10:46	4.3	11:00	5.0	4:32	-0.5	4:33	0.0	5:23	8:27	
18	Thu	11:45	4.3	11:57	4.8	5:22	-0.4	5:26	0.2	5:23	8:28	
19	Fri			12:43	4.3	6:11	-0.2	6:21	0.4	5:23	8:28	
20	Sat	12:54	4.5	1:38	4.3	7:03	0.0	7:20	0.6	5:23	8:28	
21	Sun	1:47	4.2	2:30	4.3	7:57	0.2	8:24	0.8	5:23	8:28	
22	Mon	2:38	3.9	3:19	4.3	8:51	0.4	9:27	0.9	5:24	8:29	
23	Tue	3:28	3.7	4:08	4.2	9:42	0.5	10:25	0.8	5:24	8:29	
24	Wed	4:21	3.5	4:59	4.3	10:30	0.6	11:17	0.7	5:24	8:29	
25	Thu	5:17	3.4	5:49	4.3	11:15	0.7			5:25	8:29	
26	Fri	6:12	3.4	6:37	4.4	12:04	0.6	11:59 AM	0.7	5:25	8:29	
27	Sat	7:02	3.4	7:21	4.5	12:50	0.5	12:42	0.7	5:25	8:29	
28	Sun	7:47	3.5	8:02	4.5	1:35	0.5	1:26	0.7	5:26	8:29	
29	Mon	8:30	3.6	8:40	4.5	2:19	0.4	2:11	0.7	5:26	8:29	
30	Tue	9:10	3.6	9:18	4.5	3:02	0.3	2:54	0.7	5:27	8:29	