



Long Beach (inside), NY - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:50	3.6	9:54	4.4	3:42	0.3	3:36	0.7	5:27	8:29	☉
2	Thu	10:30	3.6	10:30	4.3	4:19	0.2	4:14	0.8	5:28	8:29	☉
3	Fri	11:09	3.6	11:08	4.2	4:54	0.3	4:51	0.8	5:28	8:29	☉
4	Sat	11:50	3.7	11:50	4.1	5:28	0.3	5:29	0.9	5:29	8:28	☾
5	Sun			12:34	3.8	6:02	0.3	6:13	0.9	5:29	8:28	☾
6	Mon	12:37	4.0	1:20	4.0	6:41	0.4	7:08	1.0	5:30	8:28	☾
7	Tue	1:29	3.9	2:08	4.2	7:27	0.4	8:18	1.0	5:31	8:28	☾
8	Wed	2:23	3.8	2:59	4.4	8:24	0.4	9:32	0.8	5:31	8:27	☾
9	Thu	3:21	3.7	3:57	4.5	9:27	0.4	10:39	0.6	5:32	8:27	☾
10	Fri	4:27	3.6	5:02	4.7	10:30	0.3	11:41	0.4	5:33	8:26	☾
11	Sat	5:38	3.7	6:07	4.9	11:32	0.2			5:33	8:26	☾
12	Sun	6:45	3.9	7:08	5.1	12:39	0.1	12:32	0.0	5:34	8:26	☾
13	Mon	7:44	4.1	8:04	5.3	1:36	-0.1	1:31	-0.1	5:35	8:25	☾
14	Tue	8:39	4.3	8:57	5.3	2:31	-0.3	2:29	-0.1	5:36	8:24	☾
15	Wed	9:33	4.4	9:49	5.2	3:24	-0.5	3:25	-0.1	5:36	8:24	☾
16	Thu	10:27	4.5	10:40	5.0	4:12	-0.5	4:17	-0.1	5:37	8:23	☾
17	Fri	11:21	4.5	11:32	4.7	4:58	-0.4	5:07	0.1	5:38	8:23	☾
18	Sat			12:15	4.4	5:42	-0.3	5:57	0.3	5:39	8:22	☾
19	Sun	12:24	4.4	1:06	4.4	6:27	0.0	6:49	0.6	5:40	8:21	☾
20	Mon	1:15	4.1	1:55	4.3	7:14	0.3	7:47	0.8	5:40	8:21	☾
21	Tue	2:05	3.8	2:42	4.2	8:03	0.6	8:49	1.0	5:41	8:20	☾
22	Wed	2:53	3.5	3:29	4.2	8:55	0.8	9:49	1.0	5:42	8:19	☾
23	Thu	3:44	3.3	4:19	4.1	9:48	0.9	10:45	0.9	5:43	8:18	☾
24	Fri	4:40	3.2	5:13	4.1	10:40	0.9	11:35	0.8	5:44	8:17	☾
25	Sat	5:40	3.2	6:06	4.2	11:29	0.9			5:45	8:16	☉
26	Sun	6:36	3.3	6:55	4.3	12:23	0.7	12:16	0.8	5:46	8:16	☉
27	Mon	7:24	3.5	7:38	4.4	1:08	0.6	1:02	0.8	5:47	8:15	☉
28	Tue	8:06	3.6	8:18	4.5	1:52	0.4	1:48	0.7	5:48	8:14	☉
29	Wed	8:46	3.7	8:55	4.5	2:34	0.3	2:32	0.6	5:49	8:13	☉
30	Thu	9:24	3.8	9:30	4.5	3:14	0.2	3:15	0.6	5:49	8:12	☉
31	Fri	10:00	3.9	10:06	4.5	3:51	0.1	3:55	0.6	5:50	8:11	☉