


































Long Beach (inside), NY - Aug 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:36 | 4.0 | 10:43 | 4.3 | 4:25 | 0.1 | 4:33 | 0.6 | 5:51 | 8:10 |  |
| 2 | Sun | 11:15 | 4.1 | 11:24 | 4.2 | 4:58 | 0.1 | 5:12 | 0.6 | 5:52 | 8:08 |  |
| 3 | Mon | 11:58 | 4.2 | | | 5:31 | 0.2 | 5:55 | 0.7 | 5:53 | 8:07 |  |
| 4 | Tue | 12:12 | 4.0 | 12:46 | 4.3 | 6:08 | 0.3 | 6:48 | 0.8 | 5:54 | 8:06 |  |
| 5 | Wed | 1:05 | 3.9 | 1:39 | 4.4 | 6:52 | 0.4 | 7:56 | 0.9 | 5:55 | 8:05 |  |
| 6 | Thu | 2:03 | 3.7 | 2:35 | 4.5 | 7:51 | 0.5 | 9:13 | 0.9 | 5:56 | 8:04 |  |
| 7 | Fri | 3:05 | 3.6 | 3:36 | 4.6 | 9:02 | 0.5 | 10:24 | 0.7 | 5:57 | 8:03 |  |
| 8 | Sat | 4:13 | 3.6 | 4:45 | 4.6 | 10:15 | 0.5 | 11:27 | 0.5 | 5:58 | 8:01 |  |
| 9 | Sun | 5:26 | 3.7 | 5:55 | 4.8 | 11:21 | 0.3 | | | 5:59 | 8:00 |  |
| 10 | Mon | 6:33 | 3.9 | 6:57 | 5.0 | 12:25 | 0.2 | 12:22 | 0.2 | 6:00 | 7:59 |  |
| 11 | Tue | 7:31 | 4.2 | 7:51 | 5.1 | 1:19 | -0.1 | 1:20 | 0.0 | 6:01 | 7:58 |  |
| 12 | Wed | 8:24 | 4.5 | 8:41 | 5.2 | 2:11 | -0.3 | 2:15 | -0.1 | 6:02 | 7:56 |  |
| 13 | Thu | 9:14 | 4.6 | 9:29 | 5.1 | 3:01 | -0.4 | 3:08 | -0.1 | 6:03 | 7:55 |  |
| 14 | Fri | 10:03 | 4.7 | 10:16 | 4.9 | 3:46 | -0.4 | 3:58 | -0.1 | 6:04 | 7:54 |  |
| 15 | Sat | 10:51 | 4.7 | 11:03 | 4.6 | 4:28 | -0.3 | 4:44 | 0.1 | 6:05 | 7:52 |  |
| 16 | Sun | 11:39 | 4.6 | 11:51 | 4.2 | 5:08 | -0.1 | 5:29 | 0.3 | 6:06 | 7:51 |  |
| 17 | Mon | | | 12:27 | 4.4 | 5:47 | 0.2 | 6:15 | 0.6 | 6:07 | 7:49 |  |
| 18 | Tue | 12:40 | 3.9 | 1:14 | 4.3 | 6:27 | 0.5 | 7:06 | 0.9 | 6:08 | 7:48 |  |
| 19 | Wed | 1:29 | 3.7 | 2:01 | 4.2 | 7:11 | 0.8 | 8:05 | 1.1 | 6:09 | 7:47 |  |
| 20 | Thu | 2:19 | 3.4 | 2:49 | 4.0 | 8:04 | 1.1 | 9:09 | 1.2 | 6:10 | 7:45 |  |
| 21 | Fri | 3:10 | 3.3 | 3:39 | 4.0 | 9:05 | 1.2 | 10:10 | 1.1 | 6:11 | 7:44 |  |
| 22 | Sat | 4:06 | 3.2 | 4:35 | 4.0 | 10:06 | 1.2 | 11:04 | 1.0 | 6:12 | 7:42 |  |
| 23 | Sun | 5:08 | 3.2 | 5:33 | 4.0 | 11:01 | 1.1 | 11:53 | 0.8 | 6:13 | 7:41 |  |
| 24 | Mon | 6:07 | 3.4 | 6:26 | 4.2 | 11:51 | 1.0 | | | 6:14 | 7:39 |  |
| 25 | Tue | 6:56 | 3.6 | 7:11 | 4.4 | 12:37 | 0.6 | 12:38 | 0.8 | 6:15 | 7:38 |  |
| 26 | Wed | 7:39 | 3.8 | 7:51 | 4.5 | 1:20 | 0.4 | 1:23 | 0.7 | 6:16 | 7:36 |  |
| 27 | Thu | 8:17 | 4.0 | 8:28 | 4.6 | 2:00 | 0.3 | 2:07 | 0.5 | 6:17 | 7:34 |  |
| 28 | Fri | 8:52 | 4.2 | 9:04 | 4.6 | 2:40 | 0.1 | 2:51 | 0.4 | 6:18 | 7:33 |  |
| 29 | Sat | 9:27 | 4.4 | 9:40 | 4.6 | 3:17 | 0.1 | 3:33 | 0.3 | 6:19 | 7:31 |  |
| 30 | Sun | 10:03 | 4.5 | 10:19 | 4.4 | 3:53 | 0.0 | 4:14 | 0.3 | 6:20 | 7:30 |  |
| 31 | Mon | 10:42 | 4.6 | 11:02 | 4.2 | 4:27 | 0.1 | 4:56 | 0.4 | 6:21 | 7:28 |  |