

































Long Beach (inside), NY - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:10	4.5	5:38	3.7	11:29	-0.4	11:35	-0.5	7:18	4:38	
2	Wed	6:08	4.7	6:35	3.8			12:24	-0.6	7:18	4:39	
3	Thu	7:01	4.9	7:28	4.0	12:30	-0.6	1:17	-0.8	7:18	4:40	
4	Fri	7:50	4.9	8:19	4.0	1:24	-0.6	2:07	-0.9	7:18	4:40	
5	Sat	8:39	4.7	9:09	4.0	2:16	-0.6	2:54	-0.9	7:18	4:41	
6	Sun	9:27	4.5	9:58	3.9	3:05	-0.5	3:38	-0.8	7:18	4:42	
7	Mon	10:15	4.3	10:48	3.8	3:51	-0.3	4:20	-0.6	7:18	4:43	
8	Tue	11:03	4.0	11:38	3.7	4:36	-0.1	5:01	-0.4	7:17	4:44	
9	Wed	11:52	3.7			5:22	0.2	5:43	-0.1	7:17	4:45	
10	Thu	12:26	3.6	12:40	3.4	6:14	0.4	6:29	0.1	7:17	4:46	
11	Fri	1:12	3.5	1:28	3.2	7:13	0.6	7:20	0.3	7:17	4:47	
12	Sat	1:58	3.4	2:17	3.0	8:16	0.7	8:14	0.4	7:17	4:48	
13	Sun	2:46	3.4	3:11	2.9	9:15	0.6	9:09	0.4	7:16	4:50	
14	Mon	3:40	3.5	4:10	2.9	10:09	0.5	10:01	0.3	7:16	4:51	
15	Tue	4:35	3.6	5:08	3.0	10:58	0.3	10:50	0.2	7:15	4:52	
16	Wed	5:27	3.7	5:58	3.1	11:45	0.1	11:36	0.1	7:15	4:53	
17	Thu	6:12	3.9	6:43	3.3			12:29	-0.1	7:15	4:54	
18	Fri	6:53	4.1	7:23	3.4	12:22	0.0	1:13	-0.3	7:14	4:55	
19	Sat	7:31	4.2	8:02	3.6	1:07	-0.2	1:55	-0.4	7:13	4:56	
20	Sun	8:08	4.3	8:41	3.7	1:52	-0.3	2:35	-0.5	7:13	4:57	
21	Mon	8:46	4.2	9:22	3.8	2:35	-0.4	3:13	-0.6	7:12	4:59	
22	Tue	9:27	4.2	10:05	3.8	3:18	-0.4	3:50	-0.6	7:12	5:00	
23	Wed	10:12	4.0	10:54	3.9	4:01	-0.3	4:28	-0.5	7:11	5:01	
24	Thu	11:03	3.8	11:47	3.9	4:47	-0.2	5:09	-0.4	7:10	5:02	
25	Fri			12:00	3.6	5:42	-0.1	6:00	-0.3	7:09	5:03	
26	Sat	12:43	4.0	12:59	3.4	6:48	0.1	7:03	-0.1	7:09	5:05	
27	Sun	1:41	4.0	2:01	3.3	8:02	0.1	8:14	-0.1	7:08	5:06	
28	Mon	2:43	4.0	3:08	3.2	9:13	0.0	9:22	-0.1	7:07	5:07	
29	Tue	3:49	4.1	4:19	3.3	10:17	-0.2	10:25	-0.3	7:06	5:08	
30	Wed	4:56	4.2	5:26	3.5	11:14	-0.4	11:23	-0.4	7:05	5:10	
31	Thu	5:55	4.4	6:23	3.7			12:08	-0.6	7:04	5:11	