































Long Beach (inside), NY - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:00	3.8	2:18	3.4	8:14	0.4	8:23	0.2	7:18	4:38	
2	Thu	2:51	3.7	3:12	3.2	9:15	0.4	9:16	0.2	7:18	4:38	
3	Fri	3:44	3.7	4:09	3.1	10:09	0.4	10:05	0.2	7:18	4:39	
4	Sat	4:39	3.7	5:05	3.1	10:58	0.2	10:52	0.2	7:18	4:40	
5	Sun	5:29	3.8	5:55	3.2	11:43	0.1	11:36	0.1	7:18	4:41	
6	Mon	6:14	3.9	6:40	3.3			12:27	0.0	7:18	4:42	
7	Tue	6:54	4.0	7:22	3.4	12:20	0.0	1:10	-0.1	7:18	4:43	
8	Wed	7:32	4.1	8:01	3.5	1:03	0.0	1:51	-0.2	7:18	4:44	
9	Thu	8:07	4.1	8:39	3.5	1:46	0.0	2:30	-0.3	7:17	4:45	
10	Fri	8:41	4.0	9:17	3.5	2:26	-0.1	3:06	-0.3	7:17	4:46	
11	Sat	9:14	3.9	9:54	3.5	3:04	0.0	3:40	-0.3	7:17	4:47	
12	Sun	9:48	3.8	10:32	3.5	3:41	0.0	4:12	-0.2	7:17	4:48	
13	Mon	10:28	3.7	11:15	3.5	4:18	0.1	4:45	-0.1	7:16	4:49	
14	Tue	11:14	3.6			5:00	0.2	5:22	-0.1	7:16	4:50	
15	Wed	12:03	3.6	12:08	3.4	5:52	0.3	6:09	0.0	7:16	4:51	
16	Thu	12:56	3.7	1:06	3.3	7:00	0.4	7:12	0.1	7:15	4:53	
17	Fri	1:51	3.8	2:08	3.3	8:16	0.3	8:24	0.0	7:15	4:54	
18	Sat	2:53	4.0	3:17	3.3	9:26	0.1	9:33	-0.2	7:14	4:55	
19	Sun	4:00	4.2	4:29	3.4	10:29	-0.2	10:35	-0.4	7:14	4:56	
20	Mon	5:06	4.4	5:36	3.6	11:26	-0.5	11:34	-0.6	7:13	4:57	
21	Tue	6:06	4.7	6:34	3.9			12:21	-0.8	7:12	4:58	
22	Wed	6:59	4.9	7:27	4.1	12:31	-0.8	1:15	-1.0	7:12	5:00	
23	Thu	7:50	4.9	8:18	4.3	1:26	-0.9	2:05	-1.2	7:11	5:01	
24	Fri	8:40	4.8	9:09	4.3	2:20	-0.9	2:53	-1.2	7:10	5:02	
25	Sat	9:30	4.6	10:00	4.2	3:10	-0.9	3:38	-1.1	7:10	5:03	
26	Sun	10:20	4.3	10:51	4.1	3:57	-0.7	4:22	-0.9	7:09	5:04	
27	Mon	11:11	4.0	11:42	3.9	4:45	-0.4	5:05	-0.6	7:08	5:06	
28	Tue			12:02	3.7	5:35	-0.1	5:50	-0.2	7:07	5:07	
29	Wed	12:33	3.7	12:53	3.4	6:31	0.2	6:41	0.1	7:06	5:08	
30	Thu	1:21	3.6	1:43	3.1	7:33	0.4	7:36	0.3	7:05	5:09	
31	Fri	2:10	3.5	2:35	3.0	8:36	0.5	8:34	0.4	7:05	5:10	