

































## Long Beach (inside), NY - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:28	3.4	2:01	3.0	7:51	0.6	7:48	0.7	6:28	5:45	
2	Sun	2:20	3.3	2:56	2.9	8:53	0.6	8:52	0.7	6:26	5:46	
3	Mon	3:16	3.3	3:56	3.0	9:50	0.5	9:49	0.6	6:25	5:47	
4	Tue	4:16	3.4	4:54	3.1	10:39	0.4	10:41	0.4	6:23	5:49	
5	Wed	5:12	3.5	5:44	3.4	11:24	0.2	11:29	0.2	6:21	5:50	
6	Thu	5:59	3.7	6:27	3.6			12:06	0.0	6:20	5:51	
7	Fri	6:40	3.9	7:06	3.8	12:14	0.0	12:48	-0.2	6:18	5:52	
8	Sat	7:17	4.0	7:43	4.0	12:59	-0.2	1:27	-0.3	6:17	5:53	
9	Sun	8:54	4.1	9:18	4.2	1:42	-0.3	3:06	-0.4	7:15	6:54	
10	Mon	9:31	4.1	9:55	4.3	3:25	-0.4	3:43	-0.4	7:14	6:55	
11	Tue	10:10	4.0	10:35	4.3	4:07	-0.5	4:20	-0.4	7:12	6:56	
12	Wed	10:53	3.9	11:21	4.3	4:49	-0.4	4:58	-0.3	7:10	6:57	
13	Thu	11:44	3.7			5:33	-0.3	5:39	-0.2	7:09	6:58	
14	Fri	12:14	4.2	12:42	3.6	6:24	-0.1	6:29	0.0	7:07	6:59	
15	Sat	1:13	4.2	1:44	3.5	7:27	0.1	7:35	0.2	7:05	7:01	
16	Sun	2:15	4.1	2:47	3.4	8:39	0.2	8:53	0.3	7:04	7:02	
17	Mon	3:19	4.1	3:53	3.5	9:50	0.1	10:07	0.2	7:02	7:03	
18	Tue	4:25	4.1	5:02	3.7	10:53	-0.1	11:12	0.0	7:01	7:04	
19	Wed	5:33	4.2	6:06	3.9	11:49	-0.3			6:59	7:05	
20	Thu	6:33	4.3	7:02	4.2	12:10	-0.3	12:40	-0.5	6:57	7:06	
21	Fri	7:26	4.4	7:51	4.5	1:04	-0.4	1:28	-0.6	6:56	7:07	
22	Sat	8:13	4.5	8:36	4.6	1:55	-0.6	2:15	-0.7	6:54	7:08	
23	Sun	8:58	4.4	9:19	4.6	2:44	-0.6	2:59	-0.6	6:52	7:09	
24	Mon	9:42	4.3	10:01	4.5	3:30	-0.6	3:40	-0.5	6:51	7:10	
25	Tue	10:26	4.1	10:43	4.3	4:13	-0.4	4:19	-0.3	6:49	7:11	
26	Wed	11:11	3.8	11:25	4.1	4:53	-0.2	4:56	-0.1	6:47	7:12	
27	Thu	11:58	3.6			5:34	0.0	5:33	0.2	6:46	7:13	
28	Fri	12:10	3.9	12:47	3.4	6:16	0.3	6:12	0.5	6:44	7:14	
29	Sat	12:57	3.7	1:38	3.2	7:04	0.6	6:59	0.8	6:42	7:15	
30	Sun	1:46	3.5	2:29	3.1	8:03	0.7	8:00	0.9	6:41	7:16	
31	Mon	2:36	3.4	3:20	3.1	9:06	0.8	9:09	1.0	6:39	7:17	