

































## Long Beach (inside), NY - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:12	3.7	5:51	4.8	11:19	0.2			5:27	8:29	
2	Wed	6:19	3.9	6:49	5.1	12:15	0.1	12:16	0.0	5:28	8:29	
3	Thu	7:18	4.2	7:44	5.4	1:11	-0.2	1:13	-0.1	5:28	8:29	
4	Fri	8:14	4.4	8:37	5.5	2:06	-0.4	2:11	-0.3	5:29	8:28	
5	Sat	9:08	4.5	9:29	5.4	2:59	-0.6	3:08	-0.3	5:29	8:28	
6	Sun	10:03	4.6	10:23	5.3	3:50	-0.7	4:02	-0.3	5:30	8:28	
7	Mon	10:59	4.7	11:17	5.1	4:39	-0.7	4:54	-0.2	5:31	8:28	
8	Tue	11:56	4.6			5:26	-0.6	5:47	0.0	5:31	8:27	
9	Wed	12:13	4.8	12:52	4.6	6:15	-0.4	6:43	0.3	5:32	8:27	
10	Thu	1:08	4.5	1:46	4.5	7:06	-0.1	7:44	0.5	5:33	8:27	
11	Fri	2:02	4.2	2:37	4.4	8:00	0.2	8:48	0.7	5:33	8:26	
12	Sat	2:54	3.9	3:28	4.3	8:56	0.4	9:51	0.7	5:34	8:26	
13	Sun	3:47	3.7	4:20	4.3	9:51	0.5	10:48	0.7	5:35	8:25	
14	Mon	4:43	3.6	5:14	4.2	10:42	0.6	11:39	0.6	5:35	8:25	
15	Tue	5:41	3.5	6:07	4.3	11:31	0.6			5:36	8:24	
16	Wed	6:35	3.6	6:54	4.4	12:26	0.5	12:17	0.6	5:37	8:23	
17	Thu	7:23	3.7	7:37	4.5	1:10	0.4	1:01	0.6	5:38	8:23	
18	Fri	8:07	3.8	8:17	4.5	1:54	0.3	1:46	0.5	5:39	8:22	
19	Sat	8:48	3.9	8:54	4.5	2:36	0.3	2:30	0.5	5:39	8:21	
20	Sun	9:28	3.9	9:29	4.4	3:16	0.2	3:13	0.5	5:40	8:21	
21	Mon	10:06	3.9	10:03	4.3	3:53	0.2	3:53	0.5	5:41	8:20	
22	Tue	10:44	3.9	10:37	4.2	4:27	0.2	4:30	0.6	5:42	8:19	
23	Wed	11:22	3.9	11:13	4.1	4:59	0.3	5:07	0.7	5:43	8:18	
24	Thu			12:02	4.0	5:30	0.3	5:46	0.7	5:44	8:18	
25	Fri			12:45	4.1	6:03	0.4	6:31	0.8	5:45	8:17	
26	Sat	12:43	3.8	1:32	4.2	6:42	0.5	7:30	0.9	5:46	8:16	
27	Sun	1:38	3.7	2:23	4.3	7:34	0.6	8:41	0.9	5:47	8:15	
28	Mon	2:36	3.7	3:19	4.5	8:42	0.6	9:52	0.7	5:47	8:14	
29	Tue	3:39	3.7	4:22	4.6	9:53	0.5	10:57	0.5	5:48	8:13	
30	Wed	4:49	3.8	5:29	4.8	10:59	0.3	11:56	0.2	5:49	8:12	
31	Thu	6:00	4.0	6:32	5.1			12:00	0.1	5:50	8:11	