

































## Long Beach (inside), NY - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:02	4.3	7:28	5.3	12:51	-0.2	12:58	-0.1	5:51	8:10	
2	Sat	7:58	4.5	8:21	5.4	1:45	-0.4	1:56	-0.3	5:52	8:09	
3	Sun	8:51	4.8	9:12	5.4	2:37	-0.6	2:52	-0.4	5:53	8:08	
4	Mon	9:43	4.9	10:03	5.2	3:27	-0.7	3:45	-0.4	5:54	8:06	
5	Tue	10:35	4.9	10:55	5.0	4:15	-0.7	4:36	-0.2	5:55	8:05	
6	Wed	11:28	4.8	11:47	4.7	5:00	-0.5	5:26	0.0	5:56	8:04	
7	Thu			12:21	4.7	5:45	-0.3	6:17	0.3	5:57	8:03	
8	Fri	12:41	4.4	1:14	4.5	6:31	0.1	7:13	0.6	5:58	8:02	
9	Sat	1:34	4.1	2:05	4.4	7:21	0.4	8:14	0.8	5:59	8:00	
10	Sun	2:26	3.8	2:54	4.2	8:16	0.7	9:17	0.9	6:00	7:59	
11	Mon	3:18	3.6	3:45	4.1	9:14	0.8	10:17	0.9	6:01	7:58	
12	Tue	4:13	3.5	4:39	4.1	10:10	0.9	11:09	0.8	6:02	7:57	
13	Wed	5:11	3.5	5:35	4.1	11:02	0.8	11:57	0.7	6:03	7:55	
14	Thu	6:07	3.6	6:26	4.2	11:51	0.8			6:04	7:54	
15	Fri	6:57	3.8	7:11	4.3	12:41	0.6	12:37	0.6	6:05	7:52	
16	Sat	7:41	3.9	7:51	4.4	1:23	0.4	1:21	0.5	6:06	7:51	
17	Sun	8:21	4.1	8:28	4.5	2:04	0.3	2:05	0.5	6:07	7:50	
18	Mon	8:58	4.2	9:03	4.5	2:43	0.2	2:48	0.4	6:08	7:48	
19	Tue	9:34	4.2	9:36	4.4	3:21	0.2	3:29	0.4	6:09	7:47	
20	Wed	10:09	4.3	10:10	4.3	3:56	0.2	4:08	0.4	6:10	7:45	
21	Thu	10:44	4.3	10:46	4.2	4:28	0.2	4:46	0.5	6:11	7:44	
22	Fri	11:23	4.3	11:29	4.0	5:00	0.3	5:26	0.5	6:12	7:42	
23	Sat			12:09	4.3	5:34	0.4	6:11	0.7	6:13	7:41	
24	Sun	12:20	3.9	1:02	4.4	6:13	0.5	7:08	0.8	6:14	7:39	
25	Mon	1:19	3.8	1:59	4.4	7:07	0.6	8:20	0.8	6:15	7:38	
26	Tue	2:21	3.7	2:59	4.5	8:21	0.7	9:33	0.7	6:15	7:36	
27	Wed	3:26	3.8	4:04	4.6	9:38	0.6	10:38	0.5	6:16	7:35	
28	Thu	4:36	3.9	5:12	4.8	10:47	0.4	11:37	0.2	6:17	7:33	
29	Fri	5:45	4.1	6:16	5.0	11:49	0.1			6:18	7:32	
30	Sat	6:47	4.5	7:12	5.2	12:31	-0.1	12:46	-0.1	6:19	7:30	
31	Sun	7:41	4.8	8:04	5.3	1:23	-0.4	1:41	-0.2	6:20	7:29	