



Long Beach (inside), NY - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 7:34 | 4.7 | 8:00 | 3.9 | 1:10 | -0.4 | 1:56 | -0.7 | 7:18 | 4:38 | ☀ |
| 2 | Sun | 8:19 | 4.8 | 8:48 | 4.0 | 2:00 | -0.5 | 2:43 | -0.9 | 7:18 | 4:39 | ☀ |
| 3 | Mon | 9:07 | 4.8 | 9:38 | 4.0 | 2:49 | -0.6 | 3:28 | -0.9 | 7:18 | 4:40 | ☀ |
| 4 | Tue | 9:59 | 4.6 | 10:33 | 4.0 | 3:38 | -0.6 | 4:14 | -0.9 | 7:18 | 4:41 | ☀ |
| 5 | Wed | 10:54 | 4.4 | 11:31 | 4.0 | 4:29 | -0.5 | 5:01 | -0.8 | 7:18 | 4:42 | ☀ |
| 6 | Thu | 11:52 | 4.2 | | | 5:24 | -0.3 | 5:54 | -0.6 | 7:18 | 4:43 | ☀ |
| 7 | Fri | 12:29 | 4.1 | 12:50 | 4.0 | 6:27 | -0.1 | 6:53 | -0.4 | 7:18 | 4:44 | ☀ |
| 8 | Sat | 1:26 | 4.0 | 1:47 | 3.7 | 7:37 | 0.1 | 7:55 | -0.3 | 7:17 | 4:45 | ☀ |
| 9 | Sun | 2:23 | 4.0 | 2:46 | 3.6 | 8:46 | 0.1 | 8:57 | -0.2 | 7:17 | 4:46 | ☀ |
| 10 | Mon | 3:22 | 4.0 | 3:49 | 3.5 | 9:49 | 0.0 | 9:55 | -0.2 | 7:17 | 4:47 | ☀ |
| 11 | Tue | 4:24 | 4.1 | 4:52 | 3.5 | 10:46 | -0.1 | 10:48 | -0.3 | 7:17 | 4:48 | ☀ |
| 12 | Wed | 5:22 | 4.1 | 5:49 | 3.5 | 11:38 | -0.3 | 11:38 | -0.3 | 7:16 | 4:49 | ☀ |
| 13 | Thu | 6:13 | 4.2 | 6:39 | 3.6 | | | 12:27 | -0.4 | 7:16 | 4:50 | ☀ |
| 14 | Fri | 6:58 | 4.3 | 7:25 | 3.7 | 12:26 | -0.3 | 1:14 | -0.4 | 7:16 | 4:51 | ☀ |
| 15 | Sat | 7:40 | 4.3 | 8:08 | 3.7 | 1:13 | -0.3 | 1:57 | -0.5 | 7:15 | 4:52 | ☀ |
| 16 | Sun | 8:20 | 4.2 | 8:50 | 3.7 | 1:57 | -0.3 | 2:38 | -0.5 | 7:15 | 4:53 | ☀ |
| 17 | Mon | 8:59 | 4.1 | 9:31 | 3.6 | 2:39 | -0.2 | 3:15 | -0.4 | 7:14 | 4:54 | ☀ |
| 18 | Tue | 9:38 | 3.9 | 10:13 | 3.5 | 3:18 | -0.1 | 3:50 | -0.3 | 7:14 | 4:55 | ☀ |
| 19 | Wed | 10:17 | 3.7 | 10:56 | 3.5 | 3:55 | 0.0 | 4:24 | -0.2 | 7:13 | 4:57 | ☀ |
| 20 | Thu | 10:57 | 3.5 | 11:39 | 3.4 | 4:33 | 0.2 | 4:58 | 0.0 | 7:13 | 4:58 | ☀ |
| 21 | Fri | 11:39 | 3.3 | | | 5:12 | 0.4 | 5:34 | 0.2 | 7:12 | 4:59 | ☀ |
| 22 | Sat | 12:23 | 3.3 | 12:23 | 3.1 | 5:59 | 0.5 | 6:16 | 0.3 | 7:11 | 5:00 | ☀ |
| 23 | Sun | 1:06 | 3.3 | 1:10 | 3.0 | 6:58 | 0.6 | 7:10 | 0.4 | 7:11 | 5:01 | ☀ |
| 24 | Mon | 1:51 | 3.4 | 2:00 | 2.9 | 8:06 | 0.6 | 8:13 | 0.4 | 7:10 | 5:03 | ☀ |
| 25 | Tue | 2:41 | 3.5 | 2:59 | 2.9 | 9:11 | 0.5 | 9:15 | 0.3 | 7:09 | 5:04 | ☀ |
| 26 | Wed | 3:39 | 3.6 | 4:04 | 3.0 | 10:09 | 0.2 | 10:12 | 0.1 | 7:08 | 5:05 | ☀ |
| 27 | Thu | 4:40 | 3.9 | 5:08 | 3.2 | 11:02 | -0.1 | 11:06 | -0.2 | 7:08 | 5:06 | ☀ |
| 28 | Fri | 5:36 | 4.2 | 6:03 | 3.5 | 11:53 | -0.4 | 11:58 | -0.4 | 7:07 | 5:07 | ☀ |
| 29 | Sat | 6:27 | 4.5 | 6:53 | 3.8 | | | 12:43 | -0.7 | 7:06 | 5:09 | ☀ |
| 30 | Sun | 7:15 | 4.7 | 7:41 | 4.1 | 12:51 | -0.7 | 1:33 | -0.9 | 7:05 | 5:10 | ☀ |
| 31 | Mon | 8:03 | 4.8 | 8:30 | 4.3 | 1:44 | -0.9 | 2:21 | -1.1 | 7:04 | 5:11 | ☀ |