



Long Beach (inside), NY - Mar 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 7:45 | 4.9 | 8:11 | 4.7 | 1:27 | -1.0 | 1:56 | -1.2 | 6:27 | 5:46 | ☀ |
| 2 | Wed | 8:35 | 4.8 | 9:00 | 4.8 | 2:20 | -1.1 | 2:44 | -1.2 | 6:25 | 5:47 | ☀ |
| 3 | Thu | 9:26 | 4.7 | 9:52 | 4.7 | 3:11 | -1.1 | 3:31 | -1.2 | 6:24 | 5:48 | ☀ |
| 4 | Fri | 10:19 | 4.5 | 10:46 | 4.6 | 4:01 | -0.9 | 4:17 | -0.9 | 6:22 | 5:49 | ☀ |
| 5 | Sat | 11:15 | 4.2 | 11:42 | 4.4 | 4:52 | -0.7 | 5:06 | -0.6 | 6:21 | 5:50 | ☀ |
| 6 | Sun | | | 12:13 | 3.9 | 5:48 | -0.3 | 5:59 | -0.2 | 6:19 | 5:51 | ☀ |
| 7 | Mon | 12:39 | 4.1 | 1:10 | 3.6 | 6:51 | 0.0 | 7:01 | 0.1 | 6:18 | 5:52 | ☀ |
| 8 | Tue | 1:35 | 3.9 | 2:07 | 3.4 | 7:59 | 0.2 | 8:07 | 0.3 | 6:16 | 5:54 | ☀ |
| 9 | Wed | 2:32 | 3.7 | 3:06 | 3.3 | 9:04 | 0.2 | 9:11 | 0.4 | 6:14 | 5:55 | ☀ |
| 10 | Thu | 3:32 | 3.6 | 4:08 | 3.3 | 10:01 | 0.2 | 10:08 | 0.3 | 6:13 | 5:56 | ☀ |
| 11 | Fri | 4:33 | 3.6 | 5:05 | 3.5 | 10:51 | 0.1 | 10:58 | 0.2 | 6:11 | 5:57 | ☀ |
| 12 | Sat | 5:28 | 3.7 | 5:55 | 3.7 | 11:36 | 0.0 | 11:44 | 0.1 | 6:09 | 5:58 | ☀ |
| 13 | Sun | 7:14 | 3.8 | 7:38 | 3.8 | | | 1:18 | -0.1 | 7:08 | 6:59 | ☀ |
| 14 | Mon | 7:54 | 3.9 | 8:18 | 4.0 | 1:28 | 0.0 | 1:58 | -0.2 | 7:06 | 7:00 | ☀ |
| 15 | Tue | 8:32 | 4.0 | 8:55 | 4.1 | 2:11 | -0.1 | 2:36 | -0.2 | 7:05 | 7:01 | ☀ |
| 16 | Wed | 9:08 | 4.0 | 9:30 | 4.1 | 2:52 | -0.2 | 3:13 | -0.2 | 7:03 | 7:02 | ☀ |
| 17 | Thu | 9:43 | 3.9 | 10:04 | 4.0 | 3:31 | -0.2 | 3:47 | -0.1 | 7:01 | 7:03 | ☀ |
| 18 | Fri | 10:17 | 3.7 | 10:37 | 4.0 | 4:08 | -0.1 | 4:19 | 0.0 | 7:00 | 7:04 | ☀ |
| 19 | Sat | 10:51 | 3.6 | 11:10 | 3.9 | 4:43 | 0.0 | 4:50 | 0.1 | 6:58 | 7:05 | ☀ |
| 20 | Sun | 11:26 | 3.4 | 11:46 | 3.8 | 5:18 | 0.1 | 5:19 | 0.3 | 6:56 | 7:06 | ☀ |
| 21 | Mon | | | 12:08 | 3.3 | 5:55 | 0.3 | 5:51 | 0.4 | 6:55 | 7:07 | ☀ |
| 22 | Tue | 12:30 | 3.8 | 12:59 | 3.2 | 6:40 | 0.4 | 6:34 | 0.5 | 6:53 | 7:09 | ☀ |
| 23 | Wed | 1:23 | 3.8 | 1:56 | 3.2 | 7:40 | 0.5 | 7:39 | 0.6 | 6:51 | 7:10 | ☀ |
| 24 | Thu | 2:22 | 3.8 | 2:56 | 3.3 | 8:53 | 0.5 | 9:04 | 0.6 | 6:50 | 7:11 | ☀ |
| 25 | Fri | 3:24 | 3.9 | 4:01 | 3.4 | 10:02 | 0.3 | 10:18 | 0.4 | 6:48 | 7:12 | ☀ |
| 26 | Sat | 4:32 | 4.0 | 5:10 | 3.7 | 11:02 | 0.0 | 11:22 | 0.0 | 6:46 | 7:13 | ☀ |
| 27 | Sun | 5:40 | 4.2 | 6:13 | 4.1 | 11:57 | -0.3 | | | 6:45 | 7:14 | ☀ |
| 28 | Mon | 6:41 | 4.5 | 7:09 | 4.5 | 12:20 | -0.3 | 12:49 | -0.6 | 6:43 | 7:15 | ☀ |
| 29 | Tue | 7:35 | 4.7 | 8:00 | 4.9 | 1:16 | -0.6 | 1:40 | -0.8 | 6:42 | 7:16 | ☀ |
| 30 | Wed | 8:26 | 4.8 | 8:50 | 5.1 | 2:10 | -0.9 | 2:30 | -1.0 | 6:40 | 7:17 | ☀ |
| 31 | Thu | 9:16 | 4.8 | 9:39 | 5.1 | 3:04 | -1.0 | 3:19 | -1.0 | 6:38 | 7:18 | ☀ |