































Long Beach (inside), NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:31	3.8	1:14	4.0	6:24	0.6	6:51	1.0	5:52	8:09	
2	Tue	1:16	3.6	1:57	3.9	7:04	0.8	7:46	1.1	5:53	8:08	
3	Wed	2:02	3.5	2:40	3.9	7:54	0.9	8:50	1.2	5:54	8:07	
4	Thu	2:49	3.4	3:27	4.0	8:52	1.0	9:52	1.1	5:55	8:06	
5	Fri	3:42	3.4	4:19	4.1	9:52	0.9	10:49	0.9	5:55	8:05	
6	Sat	4:43	3.4	5:16	4.3	10:49	0.8	11:41	0.6	5:56	8:03	
7	Sun	5:45	3.6	6:12	4.5	11:42	0.6			5:57	8:02	
8	Mon	6:41	3.8	7:03	4.8	12:31	0.3	12:34	0.4	5:58	8:01	
9	Tue	7:30	4.1	7:50	5.0	1:19	0.0	1:25	0.1	5:59	8:00	
10	Wed	8:18	4.4	8:37	5.2	2:08	-0.2	2:18	-0.1	6:00	7:58	
11	Thu	9:05	4.6	9:25	5.2	2:55	-0.4	3:09	-0.2	6:01	7:57	
12	Fri	9:54	4.8	10:14	5.1	3:42	-0.5	4:00	-0.3	6:02	7:56	
13	Sat	10:45	4.9	11:07	4.9	4:27	-0.6	4:50	-0.2	6:03	7:55	
14	Sun	11:40	4.9			5:13	-0.5	5:42	0.0	6:04	7:53	
15	Mon	12:03	4.7	12:37	4.8	6:01	-0.3	6:39	0.2	6:05	7:52	
16	Tue	1:01	4.5	1:34	4.8	6:54	-0.1	7:43	0.4	6:06	7:50	
17	Wed	2:00	4.2	2:31	4.7	7:54	0.2	8:52	0.5	6:07	7:49	
18	Thu	2:58	4.1	3:28	4.6	8:59	0.4	9:59	0.5	6:08	7:48	
19	Fri	3:58	3.9	4:28	4.5	10:02	0.5	10:59	0.5	6:09	7:46	
20	Sat	5:01	3.9	5:30	4.5	11:01	0.5	11:53	0.3	6:10	7:45	
21	Sun	6:02	4.0	6:26	4.5	11:54	0.4			6:11	7:43	
22	Mon	6:56	4.1	7:15	4.6	12:41	0.2	12:44	0.4	6:12	7:42	
23	Tue	7:43	4.2	7:58	4.6	1:27	0.2	1:31	0.3	6:13	7:40	
24	Wed	8:25	4.4	8:38	4.6	2:10	0.1	2:16	0.3	6:14	7:39	
25	Thu	9:06	4.4	9:17	4.5	2:51	0.1	2:59	0.3	6:15	7:37	
26	Fri	9:45	4.4	9:54	4.4	3:29	0.1	3:40	0.3	6:16	7:36	
27	Sat	10:24	4.3	10:32	4.2	4:04	0.2	4:18	0.4	6:17	7:34	
28	Sun	11:03	4.2	11:10	4.0	4:38	0.3	4:56	0.6	6:18	7:32	
29	Mon	11:43	4.1	11:50	3.8	5:10	0.5	5:33	0.7	6:19	7:31	
30	Tue			12:24	4.0	5:41	0.7	6:13	0.9	6:20	7:29	
31	Wed	12:33	3.6	1:08	4.0	6:15	0.8	7:01	1.1	6:21	7:28	