

































Long Beach (inside), NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:37	4.4	5:07	3.8	11:00	-0.3	11:04	-0.5	7:18	4:38	
2	Mon	5:36	4.6	6:05	3.9	11:54	-0.5	11:57	-0.6	7:18	4:39	
3	Tue	6:30	4.7	6:58	4.0			12:47	-0.7	7:18	4:40	
4	Wed	7:19	4.7	7:48	4.0	12:50	-0.7	1:38	-0.8	7:18	4:41	
5	Thu	8:06	4.7	8:37	4.0	1:41	-0.6	2:26	-0.8	7:18	4:41	
6	Fri	8:52	4.5	9:25	3.9	2:29	-0.5	3:11	-0.7	7:18	4:42	
7	Sat	9:38	4.3	10:13	3.8	3:15	-0.4	3:53	-0.6	7:18	4:43	
8	Sun	10:24	4.0	11:02	3.7	3:58	-0.2	4:33	-0.4	7:17	4:44	
9	Mon	11:11	3.8	11:51	3.6	4:40	0.0	5:14	-0.1	7:17	4:45	
10	Tue	11:59	3.5			5:25	0.3	5:57	0.1	7:17	4:46	
11	Wed	12:39	3.5	12:46	3.3	6:16	0.5	6:45	0.3	7:17	4:47	
12	Thu	1:25	3.4	1:32	3.1	7:16	0.6	7:38	0.4	7:16	4:48	
13	Fri	2:12	3.4	2:21	3.0	8:18	0.7	8:33	0.4	7:16	4:50	
14	Sat	3:01	3.4	3:15	2.9	9:17	0.6	9:26	0.4	7:16	4:51	
15	Sun	3:54	3.5	4:14	2.9	10:11	0.4	10:16	0.3	7:15	4:52	
16	Mon	4:48	3.7	5:11	3.1	11:00	0.2	11:03	0.1	7:15	4:53	
17	Tue	5:37	3.9	6:00	3.2	11:47	-0.1	11:49	0.0	7:14	4:54	
18	Wed	6:21	4.1	6:44	3.4			12:33	-0.3	7:14	4:55	
19	Thu	7:02	4.3	7:26	3.6	12:35	-0.2	1:18	-0.5	7:13	4:56	
20	Fri	7:43	4.4	8:07	3.7	1:21	-0.3	2:02	-0.6	7:13	4:58	
21	Sat	8:24	4.5	8:50	3.8	2:07	-0.5	2:45	-0.8	7:12	4:59	
22	Sun	9:07	4.5	9:35	3.9	2:52	-0.5	3:26	-0.8	7:12	5:00	
23	Mon	9:54	4.3	10:25	3.9	3:37	-0.5	4:08	-0.8	7:11	5:01	
24	Tue	10:46	4.2	11:19	4.0	4:24	-0.4	4:52	-0.7	7:10	5:02	
25	Wed	11:41	4.0			5:16	-0.3	5:41	-0.5	7:09	5:03	
26	Thu	12:16	4.0	12:40	3.8	6:18	-0.1	6:38	-0.4	7:09	5:05	
27	Fri	1:13	4.0	1:38	3.6	7:29	0.0	7:43	-0.3	7:08	5:06	
28	Sat	2:12	4.0	2:40	3.5	8:40	0.0	8:49	-0.2	7:07	5:07	
29	Sun	3:14	4.0	3:45	3.4	9:46	-0.1	9:52	-0.3	7:06	5:08	
30	Mon	4:19	4.1	4:52	3.5	10:45	-0.3	10:49	-0.4	7:05	5:10	
31	Tue	5:21	4.2	5:51	3.7	11:39	-0.5	11:43	-0.5	7:04	5:11	