

































Long Beach (inside), NY - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:50	4.0	9:30	3.2	2:32	0.2	3:21	-0.1	7:18	4:37	
2	Mon	9:24	3.9	10:11	3.2	3:10	0.2	3:56	0.0	7:18	4:38	
3	Tue	10:00	3.8	10:53	3.1	3:46	0.3	4:31	0.0	7:18	4:39	
4	Wed	10:41	3.7	11:38	3.2	4:23	0.4	5:06	0.1	7:18	4:40	
5	Thu	11:28	3.6			5:04	0.5	5:45	0.2	7:18	4:41	
6	Fri	12:25	3.3	12:21	3.5	5:58	0.5	6:34	0.2	7:18	4:42	
7	Sat	1:14	3.5	1:17	3.4	7:08	0.5	7:34	0.2	7:18	4:43	
8	Sun	2:06	3.7	2:16	3.3	8:24	0.4	8:37	0.1	7:18	4:44	
9	Mon	3:04	3.9	3:22	3.3	9:33	0.2	9:39	-0.1	7:17	4:45	
10	Tue	4:07	4.2	4:33	3.3	10:35	-0.1	10:37	-0.3	7:17	4:46	
11	Wed	5:11	4.5	5:38	3.5	11:32	-0.4	11:34	-0.5	7:17	4:47	
12	Thu	6:09	4.7	6:37	3.7			12:29	-0.7	7:17	4:48	
13	Fri	7:03	4.9	7:31	3.9	12:31	-0.6	1:24	-0.9	7:16	4:49	
14	Sat	7:55	5.0	8:25	4.0	1:28	-0.7	2:16	-1.0	7:16	4:50	
15	Sun	8:47	4.9	9:19	4.0	2:23	-0.8	3:06	-1.1	7:16	4:51	
16	Mon	9:40	4.7	10:13	4.0	3:15	-0.7	3:53	-1.0	7:15	4:52	
17	Tue	10:33	4.5	11:08	3.9	4:05	-0.5	4:39	-0.8	7:15	4:53	
18	Wed	11:26	4.1			4:55	-0.3	5:26	-0.6	7:14	4:55	
19	Thu	12:02	3.8	12:18	3.8	5:49	0.0	6:16	-0.3	7:14	4:56	
20	Fri	12:54	3.7	1:09	3.5	6:49	0.3	7:08	0.0	7:13	4:57	
21	Sat	1:43	3.6	1:59	3.3	7:53	0.4	8:02	0.2	7:12	4:58	
22	Sun	2:32	3.5	2:52	3.0	8:55	0.5	8:55	0.3	7:12	4:59	
23	Mon	3:23	3.5	3:49	2.9	9:52	0.4	9:46	0.3	7:11	5:00	
24	Tue	4:18	3.5	4:47	2.9	10:43	0.3	10:33	0.3	7:10	5:02	
25	Wed	5:12	3.6	5:41	3.0	11:30	0.2	11:19	0.2	7:10	5:03	
26	Thu	5:59	3.8	6:28	3.1			12:15	0.0	7:09	5:04	
27	Fri	6:41	3.9	7:11	3.2	12:04	0.1	12:58	-0.1	7:08	5:05	
28	Sat	7:20	4.0	7:50	3.3	12:49	0.0	1:40	-0.2	7:07	5:07	
29	Sun	7:56	4.0	8:28	3.4	1:32	0.0	2:20	-0.3	7:07	5:08	
30	Mon	8:31	4.0	9:05	3.4	2:14	-0.1	2:57	-0.3	7:06	5:09	
31	Tue	9:05	3.9	9:42	3.4	2:53	-0.1	3:31	-0.3	7:05	5:10	