


































Long Beach (inside), NY - Mar 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 11:30 | 3.1 | 11:58 | 3.5 | 5:06 | 0.3 | 5:05 | 0.3 | 6:28 | 5:45 |  |
| 2 | Mon | | | 12:16 | 2.9 | 5:50 | 0.5 | 5:40 | 0.6 | 6:26 | 5:46 |  |
| 3 | Tue | 12:42 | 3.4 | 1:04 | 2.8 | 6:47 | 0.7 | 6:30 | 0.8 | 6:24 | 5:47 |  |
| 4 | Wed | 1:29 | 3.3 | 1:58 | 2.7 | 7:58 | 0.8 | 7:47 | 0.9 | 6:23 | 5:49 |  |
| 5 | Thu | 2:23 | 3.3 | 2:59 | 2.7 | 9:06 | 0.7 | 9:02 | 0.8 | 6:21 | 5:50 |  |
| 6 | Fri | 3:26 | 3.4 | 4:07 | 2.8 | 10:06 | 0.5 | 10:05 | 0.6 | 6:20 | 5:51 |  |
| 7 | Sat | 4:32 | 3.6 | 5:09 | 3.1 | 10:57 | 0.2 | 11:00 | 0.3 | 6:18 | 5:52 |  |
| 8 | Sun | 6:30 | 3.9 | 7:00 | 3.4 | | | 12:44 | -0.1 | 7:17 | 6:53 |  |
| 9 | Mon | 7:19 | 4.2 | 7:44 | 3.8 | 12:51 | 0.0 | 1:30 | -0.3 | 7:15 | 6:54 |  |
| 10 | Tue | 8:04 | 4.4 | 8:27 | 4.2 | 1:41 | -0.3 | 2:14 | -0.6 | 7:13 | 6:55 |  |
| 11 | Wed | 8:47 | 4.5 | 9:10 | 4.4 | 2:31 | -0.5 | 2:58 | -0.8 | 7:12 | 6:56 |  |
| 12 | Thu | 9:32 | 4.5 | 9:54 | 4.6 | 3:20 | -0.7 | 3:40 | -0.8 | 7:10 | 6:57 |  |
| 13 | Fri | 10:19 | 4.4 | 10:42 | 4.7 | 4:08 | -0.7 | 4:22 | -0.8 | 7:09 | 6:58 |  |
| 14 | Sat | 11:10 | 4.1 | 11:33 | 4.6 | 4:56 | -0.6 | 5:05 | -0.6 | 7:07 | 7:00 |  |
| 15 | Sun | | | 12:05 | 3.9 | 5:47 | -0.4 | 5:51 | -0.4 | 7:05 | 7:01 |  |
| 16 | Mon | 12:29 | 4.4 | 1:05 | 3.6 | 6:43 | -0.1 | 6:44 | 0.0 | 7:04 | 7:02 |  |
| 17 | Tue | 1:29 | 4.2 | 2:07 | 3.4 | 7:51 | 0.2 | 7:50 | 0.3 | 7:02 | 7:03 |  |
| 18 | Wed | 2:30 | 4.0 | 3:09 | 3.3 | 9:05 | 0.3 | 9:06 | 0.5 | 7:00 | 7:04 |  |
| 19 | Thu | 3:34 | 3.8 | 4:16 | 3.2 | 10:15 | 0.3 | 10:18 | 0.5 | 6:59 | 7:05 |  |
| 20 | Fri | 4:42 | 3.8 | 5:24 | 3.4 | 11:16 | 0.2 | 11:20 | 0.3 | 6:57 | 7:06 |  |
| 21 | Sat | 5:49 | 3.8 | 6:24 | 3.6 | | | 12:08 | 0.0 | 6:55 | 7:07 |  |
| 22 | Sun | 6:45 | 3.9 | 7:14 | 3.8 | 12:14 | 0.2 | 12:54 | -0.1 | 6:54 | 7:08 |  |
| 23 | Mon | 7:31 | 4.0 | 7:56 | 4.0 | 1:03 | 0.0 | 1:36 | -0.2 | 6:52 | 7:09 |  |
| 24 | Tue | 8:11 | 4.1 | 8:35 | 4.2 | 1:48 | -0.1 | 2:15 | -0.2 | 6:50 | 7:10 |  |
| 25 | Wed | 8:49 | 4.0 | 9:11 | 4.3 | 2:31 | -0.1 | 2:52 | -0.2 | 6:49 | 7:11 |  |
| 26 | Thu | 9:25 | 3.9 | 9:46 | 4.3 | 3:12 | -0.2 | 3:26 | -0.1 | 6:47 | 7:12 |  |
| 27 | Fri | 10:01 | 3.8 | 10:20 | 4.2 | 3:50 | -0.1 | 3:59 | 0.0 | 6:46 | 7:13 |  |
| 28 | Sat | 10:37 | 3.6 | 10:54 | 4.0 | 4:26 | 0.0 | 4:29 | 0.2 | 6:44 | 7:14 |  |
| 29 | Sun | 11:14 | 3.4 | 11:29 | 3.9 | 5:01 | 0.1 | 4:58 | 0.4 | 6:42 | 7:15 |  |
| 30 | Mon | 11:54 | 3.2 | | | 5:37 | 0.3 | 5:27 | 0.6 | 6:41 | 7:16 |  |
| 31 | Tue | 12:07 | 3.7 | 12:40 | 3.0 | 6:16 | 0.5 | 5:59 | 0.8 | 6:39 | 7:18 |  |