

































Long Beach (inside), NY - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:41	4.5	6:17	3.6			12:10	-0.4	7:18	4:38	
2	Mon	6:36	4.8	7:10	3.8	12:03	-0.4	1:05	-0.6	7:18	4:39	
3	Tue	7:29	4.9	8:03	3.9	12:59	-0.6	1:58	-0.8	7:18	4:40	
4	Wed	8:20	5.0	8:56	4.1	1:55	-0.7	2:48	-1.0	7:18	4:41	
5	Thu	9:13	4.9	9:51	4.1	2:49	-0.8	3:36	-1.0	7:18	4:42	
6	Fri	10:06	4.6	10:47	4.1	3:41	-0.7	4:23	-0.9	7:18	4:43	
7	Sat	11:01	4.4	11:43	4.1	4:33	-0.5	5:10	-0.7	7:18	4:44	
8	Sun	11:56	4.0			5:27	-0.2	6:01	-0.5	7:17	4:45	
9	Mon	12:38	4.0	12:50	3.7	6:27	0.1	6:55	-0.2	7:17	4:46	
10	Tue	1:30	3.9	1:43	3.4	7:33	0.3	7:52	0.0	7:17	4:47	
11	Wed	2:22	3.8	2:37	3.1	8:39	0.4	8:49	0.2	7:17	4:48	
12	Thu	3:15	3.8	3:36	3.0	9:39	0.3	9:43	0.3	7:16	4:49	
13	Fri	4:12	3.7	4:37	2.9	10:33	0.3	10:33	0.3	7:16	4:50	
14	Sat	5:08	3.8	5:34	3.0	11:22	0.2	11:20	0.2	7:16	4:51	
15	Sun	5:57	3.9	6:23	3.1			12:08	0.1	7:15	4:52	
16	Mon	6:41	3.9	7:06	3.2	12:05	0.2	12:52	-0.1	7:15	4:53	
17	Tue	7:22	4.0	7:46	3.3	12:50	0.1	1:34	-0.2	7:14	4:54	
18	Wed	8:00	4.0	8:25	3.3	1:33	0.1	2:14	-0.2	7:14	4:56	
19	Thu	8:36	4.0	9:02	3.3	2:15	0.1	2:51	-0.3	7:13	4:57	
20	Fri	9:10	3.9	9:38	3.3	2:53	0.1	3:24	-0.3	7:13	4:58	
21	Sat	9:44	3.7	10:12	3.3	3:29	0.1	3:56	-0.2	7:12	4:59	
22	Sun	10:19	3.6	10:48	3.4	4:03	0.2	4:25	-0.1	7:11	5:00	
23	Mon	10:57	3.4	11:28	3.4	4:38	0.3	4:56	0.0	7:11	5:01	
24	Tue	11:42	3.2			5:19	0.4	5:31	0.1	7:10	5:03	
25	Wed	12:13	3.5	12:33	3.1	6:14	0.5	6:17	0.2	7:09	5:04	
26	Thu	1:03	3.6	1:30	3.0	7:29	0.6	7:21	0.2	7:08	5:05	
27	Fri	1:59	3.7	2:33	2.9	8:47	0.4	8:36	0.2	7:08	5:06	
28	Sat	3:04	3.9	3:46	3.0	9:56	0.2	9:46	0.0	7:07	5:07	
29	Sun	4:16	4.1	4:59	3.2	10:56	-0.1	10:50	-0.3	7:06	5:09	
30	Mon	5:24	4.3	6:01	3.5	11:52	-0.4	11:49	-0.5	7:05	5:10	
31	Tue	6:23	4.6	6:56	3.8			12:46	-0.7	7:04	5:11	