



## Long Beach (inside), NY - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:18	3.7	10:25	4.3	4:05	0.2	4:03	0.7	5:27	8:29	☉
2	Sun	11:01	3.6	11:05	4.2	4:41	0.3	4:42	0.8	5:28	8:29	☉
3	Mon	11:44	3.6	11:45	4.0	5:16	0.3	5:19	0.9	5:29	8:29	☾
4	Tue			12:27	3.6	5:49	0.4	5:58	1.1	5:29	8:28	☾
5	Wed	12:26	3.8	1:09	3.7	6:24	0.5	6:42	1.2	5:30	8:28	☾
6	Thu	1:09	3.7	1:49	3.8	7:01	0.6	7:38	1.2	5:30	8:28	☾
7	Fri	1:54	3.6	2:29	3.9	7:46	0.7	8:45	1.2	5:31	8:27	☾
8	Sat	2:42	3.5	3:14	4.1	8:40	0.7	9:52	1.1	5:32	8:27	☾
9	Sun	3:36	3.4	4:07	4.3	9:39	0.7	10:54	0.8	5:32	8:27	☾
10	Mon	4:40	3.4	5:08	4.5	10:38	0.6	11:50	0.6	5:33	8:26	☾
11	Tue	5:48	3.5	6:10	4.7	11:36	0.4			5:34	8:26	☾
12	Wed	6:50	3.7	7:07	5.0	12:45	0.3	12:32	0.2	5:34	8:25	☾
13	Thu	7:45	4.0	8:01	5.2	1:39	0.0	1:30	0.1	5:35	8:25	☾
14	Fri	8:38	4.2	8:53	5.3	2:32	-0.2	2:27	-0.1	5:36	8:24	☾
15	Sat	9:31	4.4	9:45	5.3	3:23	-0.4	3:23	-0.2	5:37	8:24	☾
16	Sun	10:25	4.5	10:38	5.1	4:11	-0.6	4:17	-0.2	5:38	8:23	☾
17	Mon	11:20	4.6	11:32	4.9	4:58	-0.6	5:09	-0.1	5:38	8:22	☾
18	Tue			12:16	4.7	5:44	-0.5	6:02	0.1	5:39	8:22	☾
19	Wed	12:28	4.6	1:11	4.7	6:32	-0.2	7:00	0.4	5:40	8:21	☾
20	Thu	1:23	4.3	2:04	4.6	7:24	0.0	8:04	0.6	5:41	8:20	☾
21	Fri	2:17	4.0	2:56	4.5	8:20	0.3	9:10	0.7	5:42	8:20	☾
22	Sat	3:11	3.7	3:48	4.4	9:19	0.5	10:13	0.7	5:43	8:19	☾
23	Sun	4:08	3.5	4:44	4.4	10:15	0.6	11:11	0.7	5:43	8:18	☾
24	Mon	5:10	3.4	5:42	4.3	11:09	0.7			5:44	8:17	☾
25	Tue	6:10	3.4	6:35	4.4	12:02	0.6	11:59 AM	0.7	5:45	8:16	☉
26	Wed	7:03	3.5	7:22	4.5	12:50	0.5	12:46	0.7	5:46	8:15	☉
27	Thu	7:49	3.6	8:04	4.5	1:35	0.4	1:32	0.7	5:47	8:14	☉
28	Fri	8:31	3.8	8:44	4.5	2:18	0.3	2:17	0.6	5:48	8:13	☉
29	Sat	9:11	3.8	9:21	4.5	2:58	0.3	3:00	0.6	5:49	8:12	☉
30	Sun	9:50	3.9	9:58	4.4	3:36	0.2	3:41	0.6	5:50	8:11	☉
31	Mon	10:27	3.9	10:33	4.2	4:11	0.2	4:18	0.7	5:51	8:10	☉