


































Long Beach (inside), NY - Aug 2045

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 11:03 | 3.9 | 11:08 | 4.0 | 4:43 | 0.3 | 4:54 | 0.8 | 5:52 | 8:09 |  |
| 2 | Wed | 11:39 | 3.9 | 11:44 | 3.9 | 5:13 | 0.4 | 5:29 | 0.9 | 5:53 | 8:08 |  |
| 3 | Thu | | | 12:16 | 3.9 | 5:42 | 0.5 | 6:08 | 1.0 | 5:54 | 8:07 |  |
| 4 | Fri | 12:26 | 3.7 | 12:57 | 4.0 | 6:13 | 0.6 | 6:55 | 1.1 | 5:55 | 8:06 |  |
| 5 | Sat | 1:14 | 3.5 | 1:42 | 4.1 | 6:53 | 0.7 | 8:01 | 1.1 | 5:56 | 8:05 |  |
| 6 | Sun | 2:06 | 3.4 | 2:33 | 4.2 | 7:47 | 0.8 | 9:17 | 1.1 | 5:57 | 8:03 |  |
| 7 | Mon | 3:05 | 3.4 | 3:31 | 4.3 | 8:58 | 0.8 | 10:27 | 0.9 | 5:58 | 8:02 |  |
| 8 | Tue | 4:11 | 3.4 | 4:39 | 4.5 | 10:10 | 0.7 | 11:28 | 0.6 | 5:59 | 8:01 |  |
| 9 | Wed | 5:24 | 3.5 | 5:49 | 4.7 | 11:16 | 0.5 | | | 5:59 | 8:00 |  |
| 10 | Thu | 6:30 | 3.8 | 6:51 | 5.0 | 12:24 | 0.3 | 12:17 | 0.2 | 6:00 | 7:58 |  |
| 11 | Fri | 7:27 | 4.2 | 7:45 | 5.2 | 1:17 | 0.0 | 1:16 | 0.0 | 6:01 | 7:57 |  |
| 12 | Sat | 8:20 | 4.5 | 8:37 | 5.3 | 2:09 | -0.3 | 2:13 | -0.2 | 6:02 | 7:56 |  |
| 13 | Sun | 9:11 | 4.8 | 9:27 | 5.3 | 2:59 | -0.5 | 3:08 | -0.3 | 6:03 | 7:54 |  |
| 14 | Mon | 10:02 | 4.9 | 10:17 | 5.1 | 3:46 | -0.6 | 4:01 | -0.3 | 6:04 | 7:53 |  |
| 15 | Tue | 10:54 | 5.0 | 11:09 | 4.8 | 4:31 | -0.6 | 4:51 | -0.2 | 6:05 | 7:52 |  |
| 16 | Wed | 11:47 | 4.9 | | | 5:16 | -0.4 | 5:42 | 0.0 | 6:06 | 7:50 |  |
| 17 | Thu | 12:03 | 4.5 | 12:41 | 4.8 | 6:01 | -0.1 | 6:36 | 0.3 | 6:07 | 7:49 |  |
| 18 | Fri | 12:58 | 4.1 | 1:34 | 4.6 | 6:50 | 0.2 | 7:36 | 0.6 | 6:08 | 7:47 |  |
| 19 | Sat | 1:53 | 3.8 | 2:27 | 4.4 | 7:45 | 0.6 | 8:41 | 0.8 | 6:09 | 7:46 |  |
| 20 | Sun | 2:48 | 3.6 | 3:19 | 4.3 | 8:46 | 0.9 | 9:47 | 0.9 | 6:10 | 7:45 |  |
| 21 | Mon | 3:44 | 3.4 | 4:16 | 4.2 | 9:49 | 1.0 | 10:46 | 0.9 | 6:11 | 7:43 |  |
| 22 | Tue | 4:45 | 3.4 | 5:15 | 4.1 | 10:47 | 1.0 | 11:38 | 0.8 | 6:12 | 7:42 |  |
| 23 | Wed | 5:47 | 3.4 | 6:11 | 4.2 | 11:38 | 0.9 | | | 6:13 | 7:40 |  |
| 24 | Thu | 6:41 | 3.6 | 6:59 | 4.3 | 12:24 | 0.7 | 12:25 | 0.8 | 6:14 | 7:39 |  |
| 25 | Fri | 7:26 | 3.8 | 7:41 | 4.4 | 1:06 | 0.5 | 1:10 | 0.7 | 6:15 | 7:37 |  |
| 26 | Sat | 8:06 | 4.0 | 8:19 | 4.5 | 1:46 | 0.4 | 1:54 | 0.6 | 6:16 | 7:35 |  |
| 27 | Sun | 8:43 | 4.1 | 8:55 | 4.5 | 2:25 | 0.3 | 2:36 | 0.6 | 6:17 | 7:34 |  |
| 28 | Mon | 9:18 | 4.2 | 9:29 | 4.4 | 3:02 | 0.3 | 3:16 | 0.5 | 6:18 | 7:32 |  |
| 29 | Tue | 9:50 | 4.2 | 10:02 | 4.2 | 3:36 | 0.3 | 3:54 | 0.6 | 6:19 | 7:31 |  |
| 30 | Wed | 10:21 | 4.2 | 10:34 | 4.0 | 4:08 | 0.3 | 4:30 | 0.6 | 6:20 | 7:29 |  |
| 31 | Thu | 10:53 | 4.2 | 11:10 | 3.9 | 4:37 | 0.4 | 5:05 | 0.7 | 6:21 | 7:28 |  |