

































## Long Beach (inside), NY - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:31	4.4	6:01	4.0	11:43	-0.6			6:27	5:46	
2	Tue	6:26	4.6	6:53	4.3	12:01	-0.6	12:34	-0.8	6:25	5:47	
3	Wed	7:16	4.7	7:42	4.5	12:55	-0.8	1:23	-1.0	6:24	5:48	
4	Thu	8:04	4.7	8:28	4.6	1:47	-0.9	2:09	-1.0	6:22	5:49	
5	Fri	8:50	4.5	9:14	4.5	2:35	-0.8	2:53	-0.9	6:20	5:50	
6	Sat	9:37	4.3	9:59	4.4	3:21	-0.7	3:34	-0.7	6:19	5:51	
7	Sun	10:24	4.0	10:46	4.1	4:05	-0.5	4:14	-0.4	6:17	5:53	
8	Mon	11:14	3.7	11:34	3.9	4:49	-0.2	4:54	-0.1	6:16	5:54	
9	Tue			12:05	3.4	5:36	0.2	5:36	0.3	6:14	5:55	
10	Wed	12:23	3.7	12:56	3.2	6:30	0.5	6:28	0.6	6:13	5:56	
11	Thu	1:13	3.5	1:48	3.0	7:33	0.6	7:30	0.8	6:11	5:57	
12	Fri	2:04	3.4	2:42	3.0	8:37	0.7	8:36	0.8	6:09	5:58	
13	Sat	2:59	3.3	3:40	3.0	9:34	0.6	9:36	0.7	6:08	5:59	
14	Sun	4:59	3.4	5:39	3.2	11:24	0.5	11:29	0.5	7:06	7:00	
15	Mon	5:56	3.5	6:30	3.4			12:09	0.3	7:04	7:01	
16	Tue	6:45	3.7	7:14	3.7	12:17	0.3	12:51	0.1	7:03	7:02	
17	Wed	7:27	3.8	7:53	3.9	1:02	0.1	1:32	-0.1	7:01	7:03	
18	Thu	8:05	4.0	8:30	4.1	1:47	-0.1	2:11	-0.2	6:59	7:04	
19	Fri	8:42	4.0	9:04	4.3	2:30	-0.2	2:50	-0.3	6:58	7:05	
20	Sat	9:18	4.0	9:40	4.4	3:13	-0.3	3:27	-0.3	6:56	7:07	
21	Sun	9:56	4.0	10:18	4.4	3:54	-0.4	4:04	-0.3	6:55	7:08	
22	Mon	10:38	3.8	11:01	4.4	4:36	-0.4	4:41	-0.2	6:53	7:09	
23	Tue	11:26	3.7	11:52	4.3	5:19	-0.2	5:21	-0.1	6:51	7:10	
24	Wed			12:22	3.6	6:07	-0.1	6:08	0.1	6:50	7:11	
25	Thu	12:51	4.2	1:25	3.5	7:05	0.1	7:09	0.3	6:48	7:12	
26	Fri	1:53	4.2	2:28	3.5	8:15	0.2	8:27	0.4	6:46	7:13	
27	Sat	2:56	4.1	3:32	3.6	9:26	0.2	9:45	0.3	6:45	7:14	
28	Sun	4:02	4.1	4:39	3.7	10:30	0.0	10:52	0.1	6:43	7:15	
29	Mon	5:09	4.1	5:45	4.0	11:27	-0.2	11:52	-0.1	6:41	7:16	
30	Tue	6:12	4.3	6:43	4.3			12:19	-0.4	6:40	7:17	
31	Wed	7:07	4.4	7:33	4.6	12:46	-0.3	1:08	-0.6	6:38	7:18	