

































Long Beach (inside), NY - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:56	4.2	5:31	3.9	11:17	-0.5	11:26	-0.5	6:27	5:46	
2	Sun	5:55	4.4	6:26	4.2			12:09	-0.7	6:25	5:47	
3	Mon	6:47	4.6	7:16	4.4	12:21	-0.7	12:59	-0.8	6:24	5:48	
4	Tue	7:35	4.6	8:03	4.5	1:13	-0.8	1:47	-0.9	6:22	5:49	
5	Wed	8:21	4.5	8:48	4.5	2:02	-0.8	2:32	-0.8	6:20	5:50	
6	Thu	9:05	4.4	9:33	4.4	2:49	-0.7	3:13	-0.7	6:19	5:51	
7	Fri	9:50	4.1	10:17	4.2	3:32	-0.6	3:52	-0.5	6:17	5:53	
8	Sat	10:36	3.8	11:03	4.0	4:13	-0.3	4:30	-0.2	6:16	5:54	
9	Sun			12:23	3.6	5:55	0.0	6:08	0.1	7:14	6:55	
10	Mon	12:50	3.8	1:12	3.3	6:40	0.3	6:51	0.4	7:12	6:56	
11	Tue	1:37	3.6	2:01	3.1	7:33	0.5	7:43	0.6	7:11	6:57	
12	Wed	2:26	3.5	2:51	3.0	8:34	0.6	8:46	0.8	7:09	6:58	
13	Thu	3:16	3.4	3:45	3.0	9:37	0.7	9:50	0.8	7:08	6:59	
14	Fri	4:11	3.4	4:44	3.0	10:35	0.6	10:48	0.7	7:06	7:00	
15	Sat	5:10	3.5	5:43	3.2	11:26	0.4	11:40	0.5	7:04	7:01	
16	Sun	6:05	3.6	6:34	3.4			12:12	0.2	7:03	7:02	
17	Mon	6:54	3.9	7:18	3.7	12:27	0.2	12:56	0.0	7:01	7:03	
18	Tue	7:36	4.1	7:57	4.0	1:13	0.0	1:39	-0.2	6:59	7:04	
19	Wed	8:16	4.2	8:35	4.2	1:58	-0.2	2:21	-0.4	6:58	7:06	
20	Thu	8:55	4.3	9:12	4.4	2:43	-0.4	3:02	-0.5	6:56	7:07	
21	Fri	9:36	4.3	9:52	4.5	3:28	-0.5	3:42	-0.5	6:54	7:08	
22	Sat	10:19	4.2	10:35	4.5	4:11	-0.5	4:22	-0.5	6:53	7:09	
23	Sun	11:07	4.1	11:24	4.5	4:55	-0.5	5:04	-0.4	6:51	7:10	
24	Mon			12:01	3.9	5:42	-0.3	5:49	-0.2	6:49	7:11	
25	Tue	12:20	4.4	1:00	3.8	6:36	-0.1	6:42	0.0	6:48	7:12	
26	Wed	1:20	4.3	2:01	3.7	7:41	0.1	7:49	0.2	6:46	7:13	
27	Thu	2:22	4.2	3:03	3.7	8:53	0.2	9:04	0.2	6:45	7:14	
28	Fri	3:25	4.1	4:07	3.7	10:01	0.1	10:14	0.2	6:43	7:15	
29	Sat	4:31	4.1	5:13	3.9	11:02	-0.1	11:17	0.0	6:41	7:16	
30	Sun	5:38	4.1	6:14	4.1	11:56	-0.3			6:40	7:17	
31	Mon	6:37	4.3	7:08	4.4	12:13	-0.2	12:47	-0.4	6:38	7:18	