US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:07	3.8	9:18	4.6	2:55	0.2	2:55	0.5	5:28	8:29	
2	Wed	9:47	3.8	9:55	4.5	3:36	0.1	3:36	0.6	5:28	8:29	
3	Thu	10:27	3.8	10:31	4.3	4:13	0.2	4:15	0.6	5:29	8:29	
4	Fri	11:07	3.7	11:08	4.2	4:49	0.2	4:51	0.7	5:29	8:28	
5	Sat	11:47	3.7	11:48	4.1	5:24	0.3	5:28	0.8	5:30	8:28	
6	Sun			12:30	3.8	5:59	0.4	6:08	0.9	5:30	8:28	
7	Mon	12:33	4.0	1:14	3.9	6:37	0.4	6:58	1.0	5:31	8:27	
8	Tue	1:22	3.9	2:01	4.0	7:24	0.5	8:04	1.0	5:32	8:27	
9	Wed	2:15	3.9	2:51	4.2	8:20	0.5	9:16	0.9	5:32	8:27	
10	Thu	3:11	3.8	3:46	4.4	9:22	0.4	10:23	0.7	5:33	8:26	
11	Fri	4:14	3.8	4:47	4.6	10:24	0.2	11:24	0.4	5:34	8:26	
12	Sat	5:22	3.9	5:51	4.9	11:23	0.1			5:35	8:25	
13	Sun	6:27	4.1	6:51	5.2	12:21	0.0	12:20	-0.1	5:35	8:25	
14	Mon	7:26	4.4	7:46	5.4	1:16	-0.2	1:17	-0.3	5:36	8:24	
15	Tue	8:21	4.6	8:39	5.5	2:11	-0.5	2:14	-0.4	5:37	8:24	
16	Wed	9:15	4.7	9:32	5.4	3:05	-0.6	3:10	-0.4	5:38	8:23	
17	Thu	10:09	4.7	10:25	5.2	3:56	-0.7	4:04	-0.4	5:38	8:22	
18	Fri	11:05	4.7	11:19	5.0	4:44	-0.7	4:55	-0.2	5:39	8:22	
19	Sat			12:01	4.7	5:32	-0.5	5:47	0.0	5:40	8:21	
20	Sun	12:14	4.7	12:56	4.6	6:20	-0.3	6:41	0.3	5:41	8:20	
21	Mon	1:09	4.4	1:49	4.5	7:12	0.0	7:40	0.6	5:42	8:19	
22	Tue	2:01	4.1	2:39	4.4	8:06	0.3	8:43	0.8	5:43	8:19	
23	Wed	2:52	3.9	3:29	4.3	9:01	0.5	9:44	0.8	5:44	8:18	
24	Thu	3:44	3.7	4:20	4.2	9:55	0.6	10:40	0.8	5:44	8:17	
25	Fri	4:40	3.5	5:14	4.2	10:46	0.7	11:30	0.7	5:45	8:16	
26	Sat	5:37	3.5	6:06	4.3	11:33	0.7			5:46	8:15	
27	Sun	6:31	3.6	6:53	4.4	12:17	0.6	12:19	0.6	5:47	8:14	
28	Mon	7:18	3.7	7:36	4.5	1:01	0.4	1:03	0.6	5:48	8:13	
29	Tue	8:01	3.8	8:16	4.6	1:45	0.3	1:47	0.5	5:49	8:12	
30	Wed	8:41	3.9	8:54	4.6	2:27	0.2	2:31	0.5	5:50	8:11	
31	Thu	9:20	4.0	9:30	4.5	3:08	0.1	3:13	0.5	5:51	8:10	