US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:57	4.0	10:05	4.4	3:46	0.1	3:52	0.5	5:52	8:09	
2	Sat	10:33	4.0	10:41	4.3	4:21	0.1	4:30	0.6	5:53	8:08	
3	Sun	11:10	4.0	11:19	4.2	4:55	0.2	5:07	0.6	5:54	8:07	
4	Mon	11:51	4.0			5:29	0.2	5:47	0.7	5:55	8:06	
5	Tue	12:04	4.1	12:37	4.1	6:05	0.3	6:34	0.8	5:56	8:05	
6	Wed	12:56	4.0	1:28	4.2	6:48	0.4	7:37	0.9	5:57	8:03	
7	Thu	1:51	3.9	2:22	4.4	7:45	0.5	8:50	0.8	5:58	8:02	
8	Fri	2:50	3.8	3:21	4.5	8:53	0.5	10:01	0.7	5:59	8:01	
9	Sat	3:54	3.9	4:25	4.7	10:01	0.3	11:05	0.4	6:00	8:00	
10	Sun	5:03	4.0	5:32	4.9	11:05	0.2			6:01	7:58	
11	Mon	6:10	4.2	6:35	5.1	12:03	0.1	12:05	0.0	6:02	7:57	
12	Tue	7:10	4.5	7:31	5.3	12:58	-0.2	1:03	-0.2	6:03	7:56	
13	Wed	8:05	4.7	8:24	5.4	1:51	-0.4	1:59	-0.3	6:03	7:54	
14	Thu	8:57	4.9	9:14	5.3	2:43	-0.6	2:54	-0.4	6:04	7:53	
15	Fri	9:48	4.9	10:04	5.2	3:33	-0.6	3:46	-0.3	6:05	7:52	
16	Sat	10:39	4.9	10:55	4.9	4:19	-0.6	4:35	-0.2	6:06	7:50	
17	Sun	11:31	4.8	11:47	4.6	5:04	-0.4	5:23	0.0	6:07	7:49	
18	Mon			12:23	4.6	5:48	-0.1	6:12	0.3	6:08	7:47	
19	Tue	12:39	4.3	1:15	4.5	6:34	0.2	7:06	0.6	6:09	7:46	
20	Wed	1:31	4.0	2:05	4.3	7:24	0.6	8:05	0.9	6:10	7:44	
21	Thu	2:22	3.8	2:53	4.2	8:19	0.8	9:06	1.0	6:11	7:43	
22	Fri	3:13	3.6	3:44	4.1	9:16	0.9	10:05	1.0	6:12	7:41	
23	Sat	4:07	3.5	4:37	4.1	10:12	1.0	10:58	0.9	6:13	7:40	
24	Sun	5:04	3.5	5:32	4.2	11:04	0.9	11:46	0.7	6:14	7:38	
25	Mon	6:01	3.6	6:23	4.3	11:52	0.8			6:15	7:37	
26	Tue	6:50	3.8	7:08	4.4	12:30	0.5	12:37	0.7	6:16	7:35	
27	Wed	7:34	4.0	7:49	4.5	1:13	0.4	1:22	0.6	6:17	7:34	
28	Thu	8:13	4.1	8:27	4.6	1:55	0.3	2:06	0.5	6:18	7:32	
29	Fri	8:50	4.2	9:03	4.6	2:35	0.2	2:48	0.4	6:19	7:31	
30	Sat	9:25	4.3	9:38	4.5	3:14	0.1	3:30	0.4	6:20	7:29	
31	Sun	9:59	4.4	10:15	4.4	3:51	0.1	4:09	0.4	6:21	7:27	