US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:42	4.0	1:56	3.7	7:43	0.2	8:14	-0.2	7:18	4:38	
2	Fri	2:37	3.9	2:52	3.5	8:48	0.2	9:10	-0.1	7:18	4:39	
3	Sat	3:32	3.9	3:51	3.4	9:48	0.2	10:02	-0.1	7:18	4:40	
4	Sun	4:28	3.9	4:49	3.3	10:41	0.1	10:50	-0.1	7:18	4:41	
5	Mon	5:21	4.0	5:42	3.3	11:29	0.0	11:34	-0.1	7:18	4:42	
6	Tue	6:07	4.1	6:29	3.4			12:14	-0.1	7:18	4:42	
7	Wed	6:50	4.2	7:12	3.5	12:18	-0.1	12:58	-0.2	7:18	4:43	
8	Thu	7:29	4.2	7:52	3.5	1:01	-0.1	1:41	-0.3	7:17	4:44	
9	Fri	8:08	4.2	8:32	3.5	1:43	-0.1	2:21	-0.3	7:17	4:45	
10	Sat	8:45	4.1	9:11	3.4	2:23	0.0	2:59	-0.3	7:17	4:46	
11	Sun	9:21	3.9	9:49	3.3	3:02	0.0	3:35	-0.3	7:17	4:48	
12	Mon	9:58	3.8	10:28	3.3	3:38	0.1	4:09	-0.2	7:16	4:49	
13	Tue	10:35	3.6	11:08	3.2	4:13	0.3	4:42	-0.1	7:16	4:50	
14	Wed	11:15	3.5	11:51	3.3	4:49	0.4	5:17	0.0	7:16	4:51	
15	Thu			12:01	3.4	5:31	0.5	5:58	0.1	7:15	4:52	
16	Fri	12:36	3.3	12:51	3.3	6:29	0.6	6:51	0.2	7:15	4:53	
17	Sat	1:24	3.5	1:46	3.2	7:43	0.6	7:54	0.1	7:14	4:54	
18	Sun	2:18	3.6	2:46	3.2	8:55	0.4	8:59	0.0	7:14	4:55	
19	Mon	3:19	3.8	3:54	3.3	9:59	0.1	10:00	-0.2	7:13	4:56	
20	Tue	4:25	4.1	5:01	3.5	10:57	-0.2	10:57	-0.5	7:13	4:58	
21	Wed	5:27	4.4	6:01	3.7	11:52	-0.5	11:53	-0.7	7:12	4:59	
22	Thu	6:23	4.7	6:56	4.0			12:46	-0.8	7:11	5:00	
23	Fri	7:16	4.9	7:48	4.2	12:49	-0.9	1:39	-1.1	7:11	5:01	
24	Sat	8:07	5.0	8:41	4.3	1:45	-1.0	2:30	-1.2	7:10	5:02	
25	Sun	8:59	4.9	9:34	4.3	2:38	-1.1	3:19	-1.3	7:09	5:04	
26	Mon	9:52	4.7	10:29	4.3	3:29	-1.0	4:06	-1.1	7:08	5:05	
27	Tue	10:46	4.4	11:24	4.2	4:20	-0.8	4:54	-0.9	7:08	5:06	
28	Wed	11:41	4.1			5:12	-0.5	5:44	-0.6	7:07	5:07	
29	Thu	12:19	4.0	12:35	3.8	6:09	-0.2	6:38	-0.3	7:06	5:08	
30	Fri	1:13	3.9	1:29	3.5	7:12	0.1	7:37	-0.1	7:05	5:10	
31	Sat	2:05	3.8	2:23	3.2	8:17	0.2	8:35	0.1	7:04	5:11	