US HARBORS www.USHarbors.com

Long Beach (inside), NY - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:30	3.7	1:53	3.2	7:40	0.4	7:56	0.5	6:27	5:46	
2	Mon	2:22	3.6	2:48	3.1	8:43	0.5	8:56	0.5	6:25	5:47	
3	Tue	3:17	3.5	3:47	3.0	9:41	0.4	9:52	0.5	6:24	5:48	
4	Wed	4:16	3.5	4:46	3.1	10:31	0.3	10:42	0.4	6:22	5:49	
5	Thu	5:11	3.6	5:38	3.3	11:17	0.2	11:29	0.2	6:21	5:50	
6	Fri	5:59	3.8	6:23	3.5			12:01	0.0	6:19	5:51	
7	Sat	6:41	3.9	7:03	3.7	12:13	0.1	12:42	-0.1	6:18	5:52	
8	Sun	8:20	4.0	8:40	3.8	12:57	0.0	2:22	-0.2	7:16	6:53	
9	Mon	8:56	4.1	9:15	3.9	2:39	-0.1	3:01	-0.3	7:14	6:54	
10	Tue	9:31	4.0	9:47	3.9	3:19	-0.2	3:37	-0.3	7:13	6:56	
11	Wed	10:06	3.9	10:20	4.0	3:57	-0.2	4:11	-0.3	7:11	6:57	
12	Thu	10:42	3.8	10:54	4.0	4:33	-0.1	4:44	-0.2	7:10	6:58	
13	Fri	11:22	3.7	11:35	4.0	5:10	-0.1	5:17	-0.1	7:08	6:59	
14	Sat			12:09	3.6	5:51	0.1	5:55	0.0	7:06	7:00	
15	Sun	12:24	4.0	1:04	3.4	6:40	0.2	6:43	0.2	7:05	7:01	
16	Mon	1:22	4.0	2:04	3.4	7:47	0.3	7:49	0.3	7:03	7:02	
17	Tue	2:23	4.0	3:07	3.4	9:03	0.3	9:08	0.3	7:01	7:03	
18	Wed	3:29	4.0	4:14	3.5	10:14	0.2	10:21	0.1	7:00	7:04	
19	Thu	4:39	4.1	5:24	3.8	11:15	-0.1	11:26	-0.2	6:58	7:05	
20	Fri	5:49	4.3	6:27	4.1			12:11	-0.4	6:57	7:06	
21	Sat	6:50	4.5	7:22	4.5	12:25	-0.5	1:04	-0.7	6:55	7:07	
22	Sun	7:43	4.7	8:13	4.7	1:20	-0.7	1:54	-0.8	6:53	7:08	
23	Mon	8:33	4.8	9:01	4.9	2:14	-0.8	2:43	-0.9	6:52	7:09	
24	Tue	9:21	4.7	9:48	4.9	3:05	-0.9	3:30	-0.9	6:50	7:11	
25	Wed	10:09	4.5	10:36	4.7	3:54	-0.8	4:14	-0.7	6:48	7:12	
26	Thu	10:58	4.3	11:23	4.5	4:40	-0.6	4:56	-0.5	6:47	7:13	
27	Fri	11:48	4.0			5:25	-0.4	5:38	-0.1	6:45	7:14	
28	Sat	12:13	4.3	12:40	3.7	6:11	-0.1	6:22	0.3	6:43	7:15	
29	Sun	1:03	4.0	1:32	3.5	7:01	0.3	7:12	0.6	6:42	7:16	
30	Mon	1:54	3.8	2:24	3.3	7:59	0.5	8:12	0.8	6:40	7:17	
31	Tue	2:44	3.6	3:16	3.2	9:01	0.6	9:17	0.9	6:38	7:18	