
































## Long Beach (inside), NY - May 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:48	3.6	4:27	3.5	10:08	0.7	10:35	1.0	5:52	7:50	
2	Sat	4:44	3.6	5:21	3.7	10:57	0.6	11:26	0.8	5:51	7:51	
3	Sun	5:39	3.7	6:10	3.9	11:42	0.4			5:50	7:52	
4	Mon	6:30	3.8	6:54	4.2	12:13	0.5	12:25	0.3	5:48	7:53	
5	Tue	7:15	4.0	7:33	4.4	12:59	0.3	1:06	0.1	5:47	7:54	
6	Wed	7:56	4.1	8:10	4.7	1:44	0.1	1:49	0.0	5:46	7:55	
7	Thu	8:37	4.1	8:48	4.8	2:30	-0.1	2:32	0.0	5:45	7:56	
8	Fri	9:19	4.2	9:28	4.9	3:15	-0.2	3:15	-0.1	5:44	7:57	
9	Sat	10:04	4.1	10:12	4.9	4:00	-0.3	3:59	0.0	5:43	7:58	
10	Sun	10:54	4.0	11:02	4.8	4:45	-0.2	4:43	0.0	5:42	7:59	
11	Mon	11:50	4.0	11:58	4.7	5:32	-0.2	5:31	0.2	5:41	8:00	
12	Tue			12:50	4.0	6:24	0.0	6:26	0.3	5:40	8:01	
13	Wed	1:00	4.5	1:50	4.0	7:23	0.1	7:33	0.5	5:39	8:02	
14	Thu	2:01	4.4	2:49	4.1	8:28	0.1	8:46	0.5	5:38	8:03	
15	Fri	3:02	4.3	3:48	4.2	9:32	0.1	9:55	0.4	5:37	8:04	
16	Sat	4:03	4.2	4:48	4.4	10:30	0.0	10:58	0.3	5:36	8:05	
17	Sun	5:07	4.2	5:48	4.6	11:24	-0.1	11:54	0.1	5:35	8:06	
18	Mon	6:08	4.2	6:42	4.8			12:14	-0.2	5:34	8:07	
19	Tue	7:02	4.3	7:30	5.0	12:47	-0.1	1:02	-0.2	5:33	8:08	
20	Wed	7:51	4.3	8:15	5.0	1:37	-0.2	1:48	-0.1	5:32	8:09	
21	Thu	8:38	4.2	8:58	5.0	2:26	-0.2	2:34	0.0	5:32	8:10	
22	Fri	9:23	4.1	9:40	4.8	3:12	-0.2	3:18	0.1	5:31	8:11	
23	Sat	10:08	4.0	10:23	4.7	3:56	-0.1	4:00	0.3	5:30	8:12	
24	Sun	10:54	3.9	11:06	4.4	4:37	0.0	4:40	0.5	5:30	8:13	
25	Mon	11:42	3.7	11:52	4.2	5:17	0.2	5:19	0.7	5:29	8:13	
26	Tue			12:32	3.6	5:57	0.4	6:00	0.9	5:28	8:14	
27	Wed	12:40	4.0	1:22	3.5	6:41	0.5	6:47	1.1	5:28	8:15	
28	Thu	1:28	3.8	2:09	3.5	7:29	0.7	7:46	1.2	5:27	8:16	
29	Fri	2:15	3.7	2:55	3.6	8:23	0.7	8:51	1.3	5:27	8:17	
30	Sat	3:02	3.6	3:42	3.7	9:17	0.7	9:53	1.1	5:26	8:17	
31	Sun	3:53	3.6	4:31	3.8	10:09	0.6	10:48	0.9	5:26	8:18	