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# Long Beach (inside), NY - Jun 2054

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **4:48** | 3.6 | **5:22** | 4.1 | **10:57** | 0.5 | **11:39** | 0.7 | 5:25 | 8:19 | |
| 2 | Tue | **5:44** | 3.7 | **6:11** | 4.3 | **11:42** | 0.4 | | | 5:25 | 8:20 | |
| 3 | Wed | **6:37** | 3.9 | **6:56** | 4.6 | **12:28** | 0.4 | **12:28** | 0.2 | 5:25 | 8:20 | |
| 4 | Thu | **7:25** | 4.0 | **7:40** | 4.9 | **1:16** | 0.2 | **1:14** | 0.1 | 5:24 | 8:21 | |
| 5 | Fri | **8:12** | 4.1 | **8:24** | 5.1 | **2:05** | -0.1 | **2:02** | 0.0 | 5:24 | 8:22 | |
| 6 | Sat | **8:59** | 4.2 | **9:09** | 5.2 | **2:55** | -0.2 | **2:52** | -0.1 | 5:24 | 8:22 | |
| 7 | Sun | **9:48** | 4.3 | **9:58** | 5.2 | **3:43** | -0.4 | **3:41** | -0.1 | 5:23 | 8:23 | |
| 8 | Mon | **10:42** | 4.3 | **10:52** | 5.1 | **4:31** | -0.4 | **4:31** | -0.1 | 5:23 | 8:23 | |
| 9 | Tue | **11:39** | 4.3 | **11:49** | 4.9 | **5:20** | -0.4 | **5:23** | 0.0 | 5:23 | 8:24 | |
| 10 | Wed | | | **12:39** | 4.3 | **6:10** | -0.3 | **6:19** | 0.2 | 5:23 | 8:25 | |
| 11 | Thu | **12:50** | 4.7 | **1:38** | 4.3 | **7:06** | -0.1 | **7:22** | 0.4 | 5:23 | 8:25 | |
| 12 | Fri | **1:49** | 4.5 | **2:34** | 4.4 | **8:06** | 0.0 | **8:31** | 0.5 | 5:23 | 8:26 | |
| 13 | Sat | **2:46** | 4.3 | **3:30** | 4.5 | **9:07** | 0.0 | **9:38** | 0.5 | 5:23 | 8:26 | |
| 14 | Sun | **3:43** | 4.2 | **4:27** | 4.5 | **10:05** | 0.1 | **10:40** | 0.4 | 5:23 | 8:26 | |
| 15 | Mon | **4:43** | 4.0 | **5:24** | 4.6 | **10:59** | 0.1 | **11:36** | 0.3 | 5:23 | 8:27 | |
| 16 | Tue | **5:44** | 4.0 | **6:19** | 4.7 | **11:48** | 0.1 | | | 5:23 | 8:27 | |
| 17 | Wed | **6:40** | 4.0 | **7:08** | 4.8 | **12:28** | 0.2 | **12:36** | 0.1 | 5:23 | 8:28 | |
| 18 | Thu | **7:30** | 4.0 | **7:52** | 4.9 | **1:17** | 0.1 | **1:22** | 0.2 | 5:23 | 8:28 | |
| 19 | Fri | **8:16** | 4.0 | **8:34** | 4.8 | **2:04** | 0.0 | **2:07** | 0.3 | 5:23 | 8:28 | |
| 20 | Sat | **9:00** | 4.0 | **9:15** | 4.7 | **2:50** | 0.0 | **2:52** | 0.3 | 5:23 | 8:28 | |
| 21 | Sun | **9:44** | 3.9 | **9:56** | 4.6 | **3:33** | 0.0 | **3:34** | 0.4 | 5:24 | 8:29 | |
| 22 | Mon | **10:28** | 3.8 | **10:37** | 4.4 | **4:13** | 0.1 | **4:14** | 0.6 | 5:24 | 8:29 | |
| 23 | Tue | **11:12** | 3.7 | **11:19** | 4.2 | **4:51** | 0.2 | **4:53** | 0.7 | 5:24 | 8:29 | |
| 24 | Wed | **11:59** | 3.7 | | | **5:28** | 0.3 | **5:31** | 0.9 | 5:24 | 8:29 | |
| 25 | Thu | **12:03** | 4.1 | **12:45** | 3.6 | **6:05** | 0.4 | **6:13** | 1.0 | 5:25 | 8:29 | |
| 26 | Fri | **12:48** | 3.9 | **1:30** | 3.7 | **6:45** | 0.6 | **7:01** | 1.2 | 5:25 | 8:29 | |
| 27 | Sat | **1:33** | 3.8 | **2:12** | 3.7 | **7:31** | 0.6 | **8:01** | 1.2 | 5:26 | 8:29 | |
| 28 | Sun | **2:18** | 3.7 | **2:55** | 3.8 | **8:22** | 0.7 | **9:06** | 1.2 | 5:26 | 8:29 | |
| 29 | Mon | **3:05** | 3.6 | **3:40** | 4.0 | **9:16** | 0.7 | **10:08** | 1.0 | 5:26 | 8:29 | |
| 30 | Tue | **3:58** | 3.6 | **4:32** | 4.2 | **10:10** | 0.6 | **11:04** | 0.8 | 5:27 | 8:29 | |