US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:59	3.6	5:28	4.4	11:02	0.4	11:57	0.5	5:27	8:29	
2	Thu	6:00	3.8	6:22	4.7	11:53	0.2			5:28	8:29	
3	Fri	6:56	4.0	7:14	5.0	12:49	0.2	12:45	0.1	5:28	8:29	
4	Sat	7:48	4.2	8:04	5.2	1:41	-0.1	1:38	-0.1	5:29	8:28	
5	Sun	8:39	4.3	8:53	5.3	2:34	-0.3	2:32	-0.2	5:30	8:28	
6	Mon	9:32	4.5	9:45	5.3	3:25	-0.5	3:26	-0.3	5:30	8:28	
7	Tue	10:26	4.5	10:39	5.2	4:14	-0.6	4:19	-0.3	5:31	8:28	
8	Wed	11:23	4.6	11:36	5.0	5:02	-0.6	5:11	-0.2	5:32	8:27	
9	Thu			12:21	4.6	5:52	-0.5	6:06	0.0	5:32	8:27	
10	Fri	12:34	4.8	1:19	4.6	6:44	-0.3	7:06	0.3	5:33	8:26	
11	Sat	1:31	4.5	2:14	4.6	7:40	-0.1	8:11	0.4	5:34	8:26	
12	Sun	2:27	4.3	3:08	4.6	8:39	0.1	9:17	0.5	5:34	8:25	
13	Mon	3:22	4.0	4:02	4.5	9:38	0.2	10:19	0.5	5:35	8:25	
14	Tue	4:19	3.9	4:58	4.5	10:33	0.3	11:16	0.5	5:36	8:24	
15	Wed	5:20	3.8	5:54	4.5	11:24	0.3			5:37	8:24	
16	Thu	6:17	3.7	6:44	4.6	12:07	0.4	12:12	0.4	5:37	8:23	
17	Fri	7:09	3.8	7:30	4.7	12:55	0.3	12:57	0.4	5:38	8:23	
18	Sat	7:55	3.9	8:12	4.7	1:41	0.2	1:43	0.4	5:39	8:22	
19	Sun	8:38	3.9	8:52	4.7	2:25	0.2	2:27	0.5	5:40	8:21	
20	Mon	9:19	3.9	9:31	4.6	3:07	0.1	3:10	0.5	5:41	8:20	
21	Tue	10:00	3.9	10:10	4.4	3:46	0.1	3:50	0.5	5:42	8:20	
22	Wed	10:40	3.9	10:48	4.3	4:23	0.2	4:29	0.6	5:42	8:19	
23	Thu	11:21	3.8	11:27	4.1	4:57	0.2	5:05	0.8	5:43	8:18	
24	Fri			12:02	3.8	5:31	0.3	5:42	0.9	5:44	8:17	
25	Sat	12:07	3.9	12:44	3.8	6:05	0.5	6:23	1.0	5:45	8:16	
26	Sun	12:50	3.8	1:25	3.9	6:42	0.6	7:14	1.1	5:46	8:15	
27	Mon	1:36	3.7	2:08	4.0	7:27	0.7	8:19	1.1	5:47	8:14	
28	Tue	2:25	3.6	2:55	4.1	8:23	0.7	9:28	1.0	5:48	8:13	
29	Wed	3:19	3.6	3:49	4.3	9:26	0.6	10:32	0.8	5:49	8:12	
30	Thu	4:22	3.6	4:50	4.5	10:27	0.5	11:30	0.5	5:50	8:11	
31	Fri	5:29	3.8	5:54	4.8	11:26	0.3			5:51	8:10	