US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:32	4.0	6:52	5.0	12:25	0.2	12:22	0.1	5:52	8:09	
2	Sun	7:28	4.3	7:46	5.3	1:18	-0.1	1:19	-0.2	5:53	8:08	
3	Mon	8:21	4.6	8:38	5.4	2:11	-0.4	2:15	-0.3	5:54	8:07	
4	Tue	9:13	4.8	9:30	5.4	3:03	-0.6	3:11	-0.4	5:55	8:06	
5	Wed	10:07	4.9	10:22	5.3	3:53	-0.7	4:04	-0.4	5:55	8:05	
6	Thu	11:01	4.9	11:17	5.0	4:41	-0.7	4:56	-0.3	5:56	8:04	
7	Fri	11:57	4.8			5:28	-0.5	5:48	-0.1	5:57	8:02	
8	Sat	12:13	4.8	12:54	4.8	6:17	-0.3	6:45	0.2	5:58	8:01	
9	Sun	1:10	4.5	1:49	4.7	7:11	0.0	7:46	0.5	5:59	8:00	
10	Mon	2:05	4.2	2:42	4.6	8:08	0.3	8:52	0.6	6:00	7:59	
11	Tue	3:00	3.9	3:35	4.4	9:08	0.5	9:55	0.7	6:01	7:57	
12	Wed	3:55	3.7	4:30	4.4	10:06	0.6	10:52	0.6	6:02	7:56	
13	Thu	4:55	3.6	5:26	4.3	10:59	0.7	11:43	0.6	6:03	7:55	
14	Fri	5:53	3.7	6:19	4.4	11:48	0.6			6:04	7:53	
15	Sat	6:46	3.8	7:06	4.5	12:30	0.5	12:34	0.6	6:05	7:52	
16	Sun	7:32	3.9	7:49	4.6	1:14	0.4	1:19	0.5	6:06	7:51	
17	Mon	8:13	4.0	8:28	4.6	1:56	0.3	2:03	0.5	6:07	7:49	
18	Tue	8:52	4.1	9:06	4.6	2:37	0.2	2:46	0.5	6:08	7:48	
19	Wed	9:30	4.1	9:42	4.5	3:15	0.2	3:26	0.5	6:09	7:46	
20	Thu	10:07	4.1	10:18	4.3	3:52	0.2	4:05	0.5	6:10	7:45	
21	Fri	10:42	4.1	10:53	4.2	4:26	0.2	4:41	0.6	6:11	7:43	
22	Sat	11:17	4.0	11:30	4.0	4:58	0.3	5:16	0.7	6:12	7:42	
23	Sun	11:54	4.0			5:29	0.5	5:54	0.9	6:13	7:40	
24	Mon	12:12	3.9	12:37	4.1	6:02	0.6	6:39	1.0	6:14	7:39	
25	Tue	1:01	3.7	1:26	4.1	6:43	0.7	7:41	1.0	6:15	7:37	
26	Wed	1:56	3.7	2:19	4.2	7:40	0.8	8:55	1.0	6:16	7:36	
27	Thu	2:53	3.7	3:17	4.4	8:51	0.7	10:05	0.8	6:17	7:34	
28	Fri	3:57	3.7	4:22	4.5	10:02	0.6	11:06	0.5	6:18	7:33	
29	Sat	5:06	3.9	5:30	4.8	11:07	0.4			6:19	7:31	
30	Sun	6:11	4.2	6:33	5.0	12:02	0.2	12:06	0.1	6:20	7:29	
31	Mon	7:09	4.6	7:29	5.3	12:56	-0.2	1:03	-0.2	6:21	7:28	