US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**3:17**	4.0	**3:57**	4.6	**9:31**	0.3	**10:19**	0.5	5:51	8:10	
2	Mon	**4:18**	3.9	**4:57**	4.6	**10:30**	0.3	**11:18**	0.4	5:52	8:09	
3	Tue	**5:22**	3.8	**5:56**	4.7	**11:26**	0.3			5:53	8:07	
4	Wed	**6:23**	3.9	**6:50**	4.7	**12:12**	0.3	**12:17**	0.3	5:54	8:06	
5	Thu	**7:16**	4.0	**7:37**	4.8	**1:02**	0.2	**1:07**	0.3	5:55	8:05	
6	Fri	**8:04**	4.1	**8:21**	4.8	**1:49**	0.1	**1:54**	0.3	5:56	8:04	
7	Sat	**8:47**	4.1	**9:03**	4.7	**2:34**	0.1	**2:40**	0.4	5:57	8:03	
8	Sun	**9:30**	4.1	**9:43**	4.6	**3:16**	0.0	**3:24**	0.4	5:58	8:01	
9	Mon	**10:11**	4.1	**10:23**	4.5	**3:55**	0.1	**4:05**	0.5	5:59	8:00	
10	Tue	**10:52**	4.0	**11:04**	4.3	**4:31**	0.2	**4:43**	0.6	6:00	7:59	
11	Wed	**11:34**	4.0	**11:45**	4.0	**5:05**	0.3	**5:21**	0.7	6:01	7:58	
12	Thu			**12:16**	3.9	**5:39**	0.4	**6:00**	0.9	6:02	7:56	
13	Fri	**12:28**	3.8	**12:58**	3.9	**6:13**	0.6	**6:44**	1.1	6:03	7:55	
14	Sat	**1:13**	3.7	**1:40**	3.9	**6:51**	0.8	**7:39**	1.2	6:04	7:54	
15	Sun	**1:59**	3.5	**2:22**	3.9	**7:39**	0.9	**8:45**	1.2	6:05	7:52	
16	Mon	**2:47**	3.5	**3:09**	4.0	**8:38**	0.9	**9:50**	1.1	6:06	7:51	
17	Tue	**3:41**	3.4	**4:02**	4.1	**9:41**	0.9	**10:49**	0.9	6:07	7:49	
18	Wed	**4:43**	3.5	**5:03**	4.3	**10:41**	0.7	**11:42**	0.6	6:08	7:48	
19	Thu	**5:46**	3.7	**6:04**	4.6	**11:37**	0.5			6:09	7:47	
20	Fri	**6:43**	4.0	**6:58**	4.9	**12:33**	0.3	**12:30**	0.3	6:10	7:45	
21	Sat	**7:34**	4.3	**7:48**	5.1	**1:23**	0.0	**1:24**	0.0	6:11	7:44	
22	Sun	**8:23**	4.6	**8:37**	5.3	**2:12**	-0.3	**2:18**	-0.2	6:12	7:42	
23	Mon	**9:11**	4.8	**9:26**	5.3	**3:01**	-0.5	**3:11**	-0.3	6:13	7:41	
24	Tue	**10:02**	4.9	**10:17**	5.2	**3:48**	-0.6	**4:03**	-0.4	6:14	7:39	
25	Wed	**10:54**	5.0	**11:11**	5.0	**4:34**	-0.6	**4:53**	-0.3	6:15	7:38	
26	Thu	**11:49**	5.0			**5:20**	-0.4	**5:46**	-0.1	6:16	7:36	
27	Fri	**12:07**	4.7	**12:46**	4.9	**6:09**	-0.2	**6:43**	0.2	6:17	7:35	
28	Sat	**1:06**	4.4	**1:43**	4.8	**7:03**	0.1	**7:47**	0.4	6:18	7:33	
29	Sun	**2:04**	4.2	**2:39**	4.7	**8:04**	0.4	**8:55**	0.6	6:19	7:31	
30	Mon	**3:02**	4.0	**3:36**	4.5	**9:09**	0.5	**10:00**	0.6	6:20	7:30	
31	Tue	**4:02**	3.8	**4:35**	4.5	**10:12**	0.6	**10:59**	0.5	6:21	7:28	