US HARBORS www.USHarbors.com

Long Beach (inside), NY - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:18**	4.6	**7:49**	4.2	**12:57**	-0.6	**1:38**	-0.8	6:26	5:46	
2	Thu	**8:04**	4.7	**8:35**	4.4	**1:48**	-0.8	**2:24**	-0.9	6:25	5:47	
3	Fri	**8:52**	4.7	**9:23**	4.5	**2:38**	-0.9	**3:08**	-1.0	6:23	5:48	
4	Sat	**9:41**	4.5	**10:14**	4.5	**3:27**	-0.9	**3:52**	-0.9	6:22	5:50	
5	Sun	**10:34**	4.3	**11:08**	4.5	**4:16**	-0.8	**4:37**	-0.7	6:20	5:51	
6	Mon	**11:31**	4.0			**5:08**	-0.5	**5:27**	-0.4	6:18	5:52	
7	Tue	**12:05**	4.3	**12:30**	3.7	**6:08**	-0.2	**6:25**	-0.1	6:17	5:53	
8	Wed	**1:03**	4.2	**1:30**	3.5	**7:15**	0.0	**7:32**	0.1	6:15	5:54	
9	Thu	**2:02**	4.0	**2:31**	3.4	**8:25**	0.1	**8:41**	0.2	6:14	5:55	
10	Fri	**3:03**	3.9	**3:36**	3.3	**9:31**	0.1	**9:45**	0.2	6:12	5:56	
11	Sat	**4:08**	3.9	**4:42**	3.4	**10:29**	0.0	**10:43**	0.1	6:10	5:57	
12	Sun	**6:09**	3.9	**6:40**	3.6			**12:20**	-0.1	7:09	6:58	
13	Mon	**7:02**	4.0	**7:28**	3.7	**12:34**	0.0	**1:07**	-0.2	7:07	6:59	
14	Tue	**7:47**	4.1	**8:10**	3.9	**1:21**	-0.1	**1:50**	-0.3	7:06	7:00	
15	Wed	**8:28**	4.2	**8:49**	4.0	**2:06**	-0.1	**2:30**	-0.3	7:04	7:02	
16	Thu	**9:07**	4.1	**9:26**	4.1	**2:49**	-0.2	**3:09**	-0.3	7:02	7:03	
17	Fri	**9:45**	4.0	**10:02**	4.0	**3:29**	-0.2	**3:44**	-0.2	7:01	7:04	
18	Sat	**10:22**	3.9	**10:37**	4.0	**4:07**	-0.1	**4:17**	-0.1	6:59	7:05	
19	Sun	**11:00**	3.7	**11:12**	3.9	**4:43**	0.0	**4:49**	0.0	6:57	7:06	
20	Mon	**11:39**	3.5	**11:47**	3.7	**5:18**	0.2	**5:19**	0.2	6:56	7:07	
21	Tue			**12:21**	3.3	**5:54**	0.4	**5:51**	0.4	6:54	7:08	
22	Wed	**12:25**	3.6	**1:07**	3.1	**6:35**	0.6	**6:27**	0.6	6:52	7:09	
23	Thu	**1:08**	3.6	**1:56**	3.0	**7:28**	0.7	**7:17**	0.7	6:51	7:10	
24	Fri	**1:58**	3.6	**2:49**	3.0	**8:39**	0.8	**8:30**	0.8	6:49	7:11	
25	Sat	**2:54**	3.6	**3:48**	3.1	**9:49**	0.7	**9:46**	0.7	6:47	7:12	
26	Sun	**3:58**	3.7	**4:52**	3.3	**10:49**	0.4	**10:52**	0.5	6:46	7:13	
27	Mon	**5:07**	3.9	**5:54**	3.6	**11:42**	0.1	**11:49**	0.1	6:44	7:14	
28	Tue	**6:10**	4.2	**6:49**	4.0			**12:32**	-0.2	6:42	7:15	
29	Wed	**7:05**	4.4	**7:38**	4.4	**12:44**	-0.2	**1:20**	-0.5	6:41	7:16	
30	Thu	**7:56**	4.7	**8:25**	4.8	**1:37**	-0.5	**2:08**	-0.7	6:39	7:17	
31	Fri	**8:44**	4.8	**9:12**	5.0	**2:30**	-0.8	**2:56**	-0.8	6:38	7:18	