

































## Long Beach (inside), NY - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:07	4.5	10:31	5.3	3:57	-0.8	4:08	-0.5	5:52	7:51	
2	Tue	11:03	4.3	11:26	5.0	4:47	-0.7	4:57	-0.3	5:50	7:52	
3	Wed			12:02	4.1	5:38	-0.4	5:47	0.1	5:49	7:53	
4	Thu	12:23	4.7	1:02	4.0	6:32	-0.1	6:43	0.4	5:48	7:54	
5	Fri	1:22	4.4	2:01	3.8	7:32	0.2	7:48	0.7	5:47	7:55	
6	Sat	2:18	4.2	2:57	3.8	8:35	0.4	8:57	0.9	5:46	7:56	
7	Sun	3:13	4.0	3:52	3.7	9:35	0.4	10:01	0.9	5:44	7:57	
8	Mon	4:09	3.8	4:48	3.8	10:29	0.4	10:57	0.8	5:43	7:58	
9	Tue	5:06	3.8	5:42	3.9	11:16	0.4	11:47	0.6	5:42	7:59	
10	Wed	6:00	3.8	6:29	4.1	11:58	0.3			5:41	8:00	
11	Thu	6:48	3.9	7:11	4.3	12:32	0.5	12:38	0.3	5:40	8:01	
12	Fri	7:31	3.9	7:49	4.4	1:15	0.3	1:17	0.3	5:39	8:02	
13	Sat	8:11	3.9	8:25	4.5	1:58	0.2	1:56	0.3	5:38	8:03	
14	Sun	8:50	3.9	8:59	4.5	2:40	0.2	2:35	0.3	5:37	8:04	
15	Mon	9:28	3.8	9:31	4.5	3:20	0.1	3:14	0.4	5:36	8:05	
16	Tue	10:06	3.7	10:02	4.4	3:59	0.2	3:50	0.5	5:35	8:06	
17	Wed	10:46	3.6	10:36	4.3	4:36	0.2	4:25	0.6	5:35	8:07	
18	Thu	11:29	3.5	11:14	4.2	5:13	0.3	5:00	0.7	5:34	8:08	
19	Fri			12:16	3.5	5:52	0.4	5:39	0.8	5:33	8:09	
20	Sat	12:02	4.2	1:08	3.5	6:36	0.5	6:27	0.9	5:32	8:09	
21	Sun	12:59	4.1	2:01	3.6	7:31	0.6	7:32	0.9	5:31	8:10	
22	Mon	1:58	4.1	2:55	3.8	8:34	0.5	8:50	0.8	5:31	8:11	
23	Tue	2:58	4.1	3:51	4.1	9:36	0.4	10:01	0.6	5:30	8:12	
24	Wed	4:01	4.1	4:52	4.4	10:33	0.2	11:05	0.3	5:29	8:13	
25	Thu	5:08	4.2	5:52	4.7	11:27	-0.1			5:29	8:14	
26	Fri	6:12	4.3	6:48	5.1	12:03	0.0	12:19	-0.3	5:28	8:15	
27	Sat	7:10	4.4	7:40	5.4	12:59	-0.3	1:11	-0.4	5:27	8:15	
28	Sun	8:04	4.5	8:30	5.5	1:54	-0.5	2:03	-0.4	5:27	8:16	
29	Mon	8:57	4.5	9:20	5.5	2:49	-0.6	2:56	-0.4	5:26	8:17	
30	Tue	9:51	4.4	10:12	5.3	3:41	-0.6	3:48	-0.3	5:26	8:18	
31	Wed	10:46	4.3	11:06	5.0	4:31	-0.5	4:38	0.0	5:25	8:19	