US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:15	4.0	5:44	-0.1	5:55	0.6	5:28	8:29	
2	Sun	12:27	4.4	1:07	4.0	6:29	0.2	6:46	0.8	5:28	8:29	
3	Mon	1:18	4.1	1:56	3.9	7:16	0.4	7:43	1.0	5:29	8:28	
4	Tue	2:06	3.9	2:42	3.9	8:06	0.6	8:44	1.1	5:29	8:28	
5	Wed	2:53	3.7	3:28	3.9	8:57	0.7	9:43	1.1	5:30	8:28	
6	Thu	3:42	3.6	4:16	4.0	9:46	0.7	10:38	1.0	5:31	8:28	
7	Fri	4:35	3.5	5:06	4.1	10:34	0.7	11:27	0.8	5:31	8:27	
8	Sat	5:31	3.5	5:56	4.2	11:20	0.7			5:32	8:27	
9	Sun	6:24	3.5	6:42	4.3	12:14	0.7	12:05	0.6	5:33	8:27	
10	Mon	7:12	3.6	7:24	4.5	1:00	0.5	12:49	0.5	5:33	8:26	
11	Tue	7:56	3.7	8:04	4.6	1:45	0.3	1:34	0.5	5:34	8:26	
12	Wed	8:38	3.8	8:41	4.7	2:30	0.2	2:20	0.4	5:35	8:25	
13	Thu	9:19	3.9	9:20	4.7	3:14	0.1	3:05	0.4	5:35	8:25	
14	Fri	10:01	3.9	10:00	4.7	3:55	0.0	3:49	0.3	5:36	8:24	
15	Sat	10:45	4.0	10:44	4.7	4:35	0.0	4:32	0.3	5:37	8:24	
16	Sun	11:33	4.0	11:34	4.5	5:14	0.0	5:17	0.4	5:38	8:23	
17	Mon			12:25	4.1	5:56	0.0	6:06	0.5	5:39	8:22	
18	Tue	12:28	4.4	1:19	4.3	6:42	0.1	7:05	0.6	5:39	8:22	
19	Wed	1:25	4.3	2:12	4.4	7:36	0.2	8:13	0.6	5:40	8:21	
20	Thu	2:22	4.1	3:07	4.6	8:36	0.2	9:24	0.6	5:41	8:20	
21	Fri	3:21	4.0	4:05	4.7	9:39	0.2	10:30	0.4	5:42	8:19	
22	Sat	4:25	3.9	5:08	4.8	10:39	0.2	11:31	0.2	5:43	8:18	
23	Sun	5:33	3.9	6:09	4.9	11:37	0.1			5:44	8:18	
24	Mon	6:37	4.0	7:06	5.1	12:27	0.0	12:33	0.0	5:45	8:17	
25	Tue	7:34	4.2	7:57	5.1	1:21	-0.1	1:27	0.0	5:46	8:16	
26	Wed	8:26	4.3	8:46	5.1	2:14	-0.2	2:20	0.0	5:47	8:15	
27	Thu	9:15	4.3	9:33	5.0	3:04	-0.3	3:11	0.1	5:47	8:14	
28	Fri	10:04	4.3	10:20	4.8	3:50	-0.3	3:59	0.2	5:48	8:13	
29	Sat	10:52	4.2	11:06	4.6	4:32	-0.2	4:43	0.3	5:49	8:12	
30	Sun	11:40	4.1	11:53	4.3	5:12	0.0	5:26	0.5	5:50	8:11	
31	Mon			12:28	4.0	5:51	0.2	6:11	0.8	5:51	8:10	