US HARBORS www.USHarbors.com

Long Beach (inside), NY - Nov 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**3:03**	3.4	**3:03**	4.0	**8:49**	1.1	**9:51**	0.7	7:25	5:50	
2	Thu	**3:59**	3.6	**4:04**	4.1	**10:00**	0.9	**10:45**	0.4	7:26	5:49	
3	Fri	**4:57**	4.0	**5:08**	4.2	**11:01**	0.6	**11:34**	0.1	7:28	5:48	
4	Sat	**5:53**	4.4	**6:08**	4.4	**11:56**	0.2			7:29	5:47	
5	Sun	**5:45**	4.8	**6:03**	4.6	**12:22**	-0.2	**11:49 AM**	-0.2	6:30	4:45	
6	Mon	**6:34**	5.2	**6:53**	4.7	**12:09**	-0.4	**12:43**	-0.4	6:31	4:44	
7	Tue	**7:22**	5.4	**7:43**	4.7	**12:58**	-0.5	**1:36**	-0.6	6:32	4:43	
8	Wed	**8:11**	5.5	**8:35**	4.6	**1:48**	-0.6	**2:29**	-0.7	6:33	4:42	
9	Thu	**9:01**	5.4	**9:30**	4.4	**2:38**	-0.5	**3:20**	-0.6	6:35	4:41	
10	Fri	**9:56**	5.2	**10:28**	4.2	**3:28**	-0.4	**4:12**	-0.4	6:36	4:40	
11	Sat	**10:54**	4.9	**11:31**	4.0	**4:19**	-0.1	**5:06**	-0.2	6:37	4:39	
12	Sun	**11:54**	4.6			**5:14**	0.2	**6:04**	0.1	6:38	4:38	
13	Mon	**12:33**	3.9	**12:54**	4.4	**6:18**	0.6	**7:08**	0.3	6:39	4:38	
14	Tue	**1:32**	3.8	**1:51**	4.2	**7:28**	0.7	**8:12**	0.3	6:40	4:37	
15	Wed	**2:29**	3.8	**2:47**	4.0	**8:36**	0.8	**9:09**	0.3	6:42	4:36	
16	Thu	**3:26**	3.8	**3:43**	3.9	**9:36**	0.7	**9:58**	0.3	6:43	4:35	
17	Fri	**4:21**	3.9	**4:39**	3.9	**10:28**	0.6	**10:42**	0.2	6:44	4:34	
18	Sat	**5:11**	4.1	**5:28**	3.9	**11:14**	0.4	**11:22**	0.2	6:45	4:34	
19	Sun	**5:55**	4.3	**6:13**	3.9	**11:58**	0.3			6:46	4:33	
20	Mon	**6:34**	4.4	**6:54**	3.9	**12:01**	0.1	**12:40**	0.2	6:47	4:32	
21	Tue	**7:10**	4.5	**7:33**	3.9	**12:40**	0.1	**1:22**	0.1	6:49	4:32	
22	Wed	**7:45**	4.5	**8:11**	3.8	**1:18**	0.2	**2:04**	0.1	6:50	4:31	
23	Thu	**8:18**	4.4	**8:49**	3.7	**1:57**	0.2	**2:43**	0.1	6:51	4:31	
24	Fri	**8:51**	4.3	**9:29**	3.5	**2:34**	0.3	**3:21**	0.2	6:52	4:30	
25	Sat	**9:23**	4.2	**10:10**	3.4	**3:10**	0.4	**3:58**	0.3	6:53	4:30	
26	Sun	**9:58**	4.1	**10:56**	3.3	**3:45**	0.6	**4:35**	0.4	6:54	4:29	
27	Mon	**10:41**	4.0	**11:46**	3.2	**4:21**	0.7	**5:16**	0.5	6:55	4:29	
28	Tue	**11:34**	3.9			**5:03**	0.8	**6:06**	0.5	6:56	4:28	
29	Wed	**12:39**	3.3	**12:32**	3.9	**5:59**	0.9	**7:06**	0.5	6:57	4:28	
30	Thu	**1:31**	3.5	**1:30**	3.9	**7:15**	0.8	**8:08**	0.4	6:58	4:28	