

































## Long Beach (inside), NY - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:25	3.7	2:30	3.9	8:30	0.6	9:06	0.2	6:59	4:28	
2	Sat	3:22	4.0	3:35	3.9	9:36	0.3	10:00	-0.1	7:00	4:27	
3	Sun	4:22	4.4	4:40	4.0	10:35	0.0	10:51	-0.4	7:01	4:27	
4	Mon	5:19	4.7	5:40	4.2	11:30	-0.3	11:42	-0.6	7:02	4:27	
5	Tue	6:12	5.1	6:35	4.3			12:25	-0.6	7:03	4:27	
6	Wed	7:03	5.3	7:27	4.3	12:34	-0.7	1:20	-0.8	7:04	4:27	
7	Thu	7:53	5.3	8:20	4.3	1:27	-0.7	2:13	-0.9	7:05	4:27	
8	Fri	8:45	5.2	9:15	4.2	2:20	-0.7	3:05	-0.8	7:06	4:27	
9	Sat	9:38	5.0	10:12	4.0	3:12	-0.5	3:55	-0.7	7:07	4:27	
10	Sun	10:34	4.7	11:11	3.9	4:03	-0.3	4:45	-0.5	7:07	4:27	
11	Mon	11:31	4.4			4:55	0.0	5:38	-0.2	7:08	4:27	
12	Tue	12:10	3.7	12:27	4.1	5:52	0.3	6:34	0.0	7:09	4:27	
13	Wed	1:06	3.7	1:21	3.9	6:56	0.6	7:32	0.2	7:10	4:28	
14	Thu	1:59	3.6	2:13	3.6	8:03	0.7	8:28	0.2	7:10	4:28	
15	Fri	2:50	3.6	3:06	3.5	9:04	0.6	9:18	0.2	7:11	4:28	
16	Sat	3:42	3.7	4:00	3.4	9:58	0.5	10:04	0.2	7:12	4:28	
17	Sun	4:34	3.8	4:54	3.4	10:46	0.4	10:46	0.2	7:12	4:29	
18	Mon	5:22	3.9	5:43	3.4	11:31	0.2	11:28	0.1	7:13	4:29	
19	Tue	6:04	4.1	6:28	3.5			12:15	0.1	7:13	4:30	
20	Wed	6:44	4.2	7:09	3.5	12:08	0.1	12:58	0.0	7:14	4:30	
21	Thu	7:20	4.2	7:49	3.5	12:50	0.1	1:41	-0.1	7:15	4:31	
22	Fri	7:55	4.2	8:28	3.5	1:31	0.1	2:22	-0.1	7:15	4:31	
23	Sat	8:29	4.2	9:07	3.4	2:12	0.1	3:01	-0.2	7:15	4:32	
24	Sun	9:03	4.1	9:47	3.3	2:51	0.1	3:38	-0.1	7:16	4:32	
25	Mon	9:40	4.1	10:30	3.3	3:28	0.2	4:15	-0.1	7:16	4:33	
26	Tue	10:21	4.0	11:17	3.3	4:06	0.2	4:52	0.0	7:16	4:34	
27	Wed	11:11	3.9			4:48	0.3	5:35	0.0	7:17	4:34	
28	Thu	12:08	3.4	12:07	3.8	5:40	0.4	6:26	0.1	7:17	4:35	
29	Fri	1:01	3.6	1:04	3.7	6:48	0.4	7:27	0.0	7:17	4:36	
30	Sat	1:55	3.8	2:03	3.6	8:03	0.4	8:29	-0.1	7:17	4:37	
31	Sun	2:52	4.0	3:07	3.6	9:13	0.1	9:29	-0.2	7:18	4:37	