

































Long Beach (inside), NY - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:54	4.2	4:15	3.6	10:16	-0.1	10:26	-0.4	7:18	4:38	
2	Tue	4:57	4.5	5:21	3.7	11:15	-0.4	11:21	-0.5	7:18	4:39	
3	Wed	5:55	4.7	6:20	3.8			12:11	-0.6	7:18	4:40	
4	Thu	6:48	4.9	7:15	3.9	12:16	-0.7	1:06	-0.8	7:18	4:41	
5	Fri	7:40	5.0	8:08	4.0	1:11	-0.7	1:59	-0.9	7:18	4:42	
6	Sat	8:30	4.9	9:01	4.0	2:05	-0.7	2:50	-0.9	7:18	4:43	
7	Sun	9:21	4.7	9:54	3.9	2:57	-0.6	3:37	-0.9	7:17	4:44	
8	Mon	10:13	4.5	10:48	3.8	3:46	-0.4	4:22	-0.7	7:17	4:45	
9	Tue	11:05	4.2	11:41	3.6	4:34	-0.2	5:08	-0.5	7:17	4:46	
10	Wed	11:57	3.9			5:24	0.1	5:55	-0.2	7:17	4:47	
11	Thu	12:33	3.6	12:47	3.6	6:19	0.4	6:45	0.0	7:17	4:48	
12	Fri	1:22	3.5	1:36	3.3	7:20	0.5	7:37	0.2	7:16	4:49	
13	Sat	2:09	3.5	2:25	3.1	8:23	0.6	8:30	0.3	7:16	4:50	
14	Sun	2:58	3.4	3:18	3.0	9:21	0.5	9:20	0.3	7:16	4:51	
15	Mon	3:50	3.5	4:15	3.0	10:13	0.4	10:08	0.3	7:15	4:52	
16	Tue	4:43	3.6	5:10	3.0	11:01	0.3	10:54	0.2	7:15	4:53	
17	Wed	5:32	3.7	6:00	3.1	11:47	0.1	11:38	0.1	7:14	4:54	
18	Thu	6:16	3.9	6:45	3.2			12:32	-0.1	7:14	4:56	
19	Fri	6:56	4.0	7:26	3.3	12:23	0.0	1:16	-0.2	7:13	4:57	
20	Sat	7:33	4.1	8:05	3.4	1:07	-0.1	1:58	-0.3	7:13	4:58	
21	Sun	8:09	4.2	8:43	3.4	1:50	-0.1	2:38	-0.4	7:12	4:59	
22	Mon	8:45	4.2	9:22	3.4	2:31	-0.2	3:16	-0.4	7:11	5:00	
23	Tue	9:23	4.1	10:03	3.5	3:12	-0.2	3:52	-0.4	7:11	5:02	
24	Wed	10:05	4.0	10:49	3.5	3:52	-0.2	4:28	-0.4	7:10	5:03	
25	Thu	10:53	3.9	11:39	3.6	4:35	-0.1	5:07	-0.3	7:09	5:04	
26	Fri	11:47	3.7			5:24	0.0	5:53	-0.2	7:08	5:05	
27	Sat	12:33	3.7	12:44	3.5	6:27	0.1	6:51	-0.1	7:07	5:06	
28	Sun	1:28	3.9	1:43	3.4	7:41	0.2	7:58	-0.1	7:07	5:08	
29	Mon	2:27	4.0	2:48	3.3	8:54	0.1	9:05	-0.1	7:06	5:09	
30	Tue	3:31	4.1	3:58	3.3	10:01	-0.1	10:08	-0.3	7:05	5:10	
31	Wed	4:38	4.2	5:08	3.4	11:01	-0.3	11:07	-0.4	7:04	5:11	