

































Long Beach (inside), NY - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:23	4.1	4:57	3.4	10:46	-0.2	10:57	-0.2	6:27	5:46	
2	Fri	5:27	4.2	5:57	3.7	11:40	-0.4	11:53	-0.3	6:25	5:47	
3	Sat	6:22	4.4	6:49	3.9			12:31	-0.6	6:23	5:48	
4	Sun	7:10	4.5	7:36	4.1	12:45	-0.4	1:19	-0.7	6:22	5:49	
5	Mon	7:55	4.5	8:19	4.2	1:35	-0.5	2:03	-0.7	6:20	5:50	
6	Tue	8:38	4.4	9:01	4.2	2:21	-0.5	2:44	-0.6	6:19	5:51	
7	Wed	9:20	4.2	9:43	4.1	3:04	-0.4	3:21	-0.5	6:17	5:53	
8	Thu	10:03	3.9	10:24	3.9	3:44	-0.3	3:57	-0.3	6:16	5:54	
9	Fri	10:46	3.7	11:06	3.8	4:23	-0.1	4:31	0.0	6:14	5:55	
10	Sat	11:32	3.4	11:49	3.6	5:03	0.2	5:05	0.2	6:12	5:56	
11	Sun			1:19	3.2	6:47	0.5	6:44	0.5	7:11	6:57	
12	Mon	1:33	3.5	2:08	3.0	7:42	0.7	7:33	0.7	7:09	6:58	
13	Tue	2:20	3.4	2:59	2.9	8:47	0.8	8:39	0.8	7:08	6:59	
14	Wed	3:10	3.3	3:55	2.9	9:53	0.8	9:47	0.8	7:06	7:00	
15	Thu	4:07	3.4	4:56	3.0	10:51	0.6	10:47	0.7	7:04	7:01	
16	Fri	5:10	3.5	5:55	3.2	11:41	0.4	11:41	0.5	7:03	7:02	
17	Sat	6:08	3.7	6:46	3.4			12:28	0.2	7:01	7:03	
18	Sun	6:57	4.0	7:30	3.7	12:30	0.2	1:12	-0.1	6:59	7:04	
19	Mon	7:41	4.2	8:10	4.0	1:18	-0.1	1:55	-0.3	6:58	7:06	
20	Tue	8:22	4.4	8:50	4.3	2:06	-0.3	2:37	-0.5	6:56	7:07	
21	Wed	9:04	4.4	9:31	4.5	2:53	-0.5	3:19	-0.6	6:54	7:08	
22	Thu	9:47	4.4	10:14	4.6	3:39	-0.6	4:00	-0.6	6:53	7:09	
23	Fri	10:34	4.3	11:02	4.6	4:25	-0.6	4:41	-0.5	6:51	7:10	
24	Sat	11:25	4.1	11:55	4.5	5:12	-0.5	5:24	-0.4	6:49	7:11	
25	Sun			12:22	3.8	6:03	-0.3	6:12	-0.1	6:48	7:12	
26	Mon	12:53	4.4	1:24	3.7	7:02	-0.1	7:11	0.1	6:46	7:13	
27	Tue	1:53	4.3	2:26	3.5	8:11	0.1	8:24	0.3	6:44	7:14	
28	Wed	2:55	4.1	3:30	3.5	9:23	0.2	9:39	0.4	6:43	7:15	
29	Thu	3:59	4.0	4:37	3.5	10:29	0.1	10:46	0.3	6:41	7:16	
30	Fri	5:06	4.0	5:43	3.7	11:28	0.0	11:46	0.1	6:40	7:17	
31	Sat	6:09	4.1	6:41	3.9			12:19	-0.2	6:38	7:18	