
































## Long Beach (inside), NY - Jun 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:20	3.9	8:31	4.6	2:10	0.2	2:01	0.4	5:25	8:19	
2	Sat	9:00	3.8	9:07	4.6	2:52	0.2	2:42	0.4	5:25	8:20	
3	Sun	9:41	3.7	9:41	4.5	3:33	0.2	3:21	0.5	5:24	8:21	
4	Mon	10:22	3.6	10:16	4.3	4:11	0.2	4:00	0.6	5:24	8:21	
5	Tue	11:05	3.5	10:51	4.2	4:49	0.3	4:36	0.7	5:24	8:22	
6	Wed	11:50	3.5	11:31	4.1	5:25	0.4	5:12	0.9	5:24	8:22	
7	Thu			12:37	3.4	6:03	0.5	5:51	1.0	5:23	8:23	
8	Fri	12:16	4.0	1:24	3.5	6:45	0.6	6:39	1.1	5:23	8:24	
9	Sat	1:08	4.0	2:10	3.6	7:35	0.6	7:43	1.1	5:23	8:24	
10	Sun	2:01	3.9	2:58	3.8	8:31	0.6	8:56	1.0	5:23	8:25	
11	Mon	2:56	3.9	3:49	4.1	9:29	0.5	10:04	0.8	5:23	8:25	
12	Tue	3:56	3.9	4:46	4.4	10:24	0.3	11:05	0.5	5:23	8:26	
13	Wed	5:01	4.0	5:45	4.7	11:17	0.1			5:23	8:26	
14	Thu	6:06	4.1	6:41	5.1	12:02	0.1	12:09	-0.1	5:23	8:27	
15	Fri	7:05	4.2	7:34	5.3	12:58	-0.1	1:02	-0.2	5:23	8:27	
16	Sat	8:01	4.3	8:26	5.5	1:54	-0.4	1:57	-0.3	5:23	8:27	
17	Sun	8:55	4.4	9:18	5.5	2:49	-0.5	2:53	-0.3	5:23	8:28	
18	Mon	9:51	4.4	10:12	5.3	3:43	-0.6	3:48	-0.2	5:23	8:28	
19	Tue	10:49	4.3	11:08	5.1	4:34	-0.6	4:41	-0.1	5:23	8:28	
20	Wed	11:48	4.3			5:24	-0.5	5:34	0.1	5:23	8:28	
21	Thu	12:06	4.9	12:48	4.2	6:15	-0.3	6:30	0.4	5:24	8:29	
22	Fri	1:03	4.6	1:44	4.2	7:09	0.0	7:32	0.7	5:24	8:29	
23	Sat	1:58	4.3	2:37	4.2	8:05	0.2	8:37	0.8	5:24	8:29	
24	Sun	2:49	4.1	3:27	4.1	9:00	0.3	9:40	0.8	5:25	8:29	
25	Mon	3:41	3.9	4:18	4.2	9:52	0.4	10:37	0.8	5:25	8:29	
26	Tue	4:34	3.7	5:09	4.2	10:40	0.5	11:28	0.7	5:25	8:29	
27	Wed	5:30	3.6	5:59	4.3	11:24	0.5			5:26	8:29	
28	Thu	6:22	3.6	6:44	4.4	12:14	0.6	12:06	0.5	5:26	8:29	
29	Fri	7:10	3.6	7:26	4.5	12:59	0.5	12:48	0.5	5:27	8:29	
30	Sat	7:54	3.7	8:05	4.5	1:43	0.4	1:31	0.5	5:27	8:29	