US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:36**	3.7	**8:42**	4.5	**2:27**	0.3	**2:14**	0.5	5:28	8:29	
2	Mon	**9:17**	3.7	**9:18**	4.5	**3:09**	0.3	**2:57**	0.6	5:28	8:29	
3	Tue	**9:58**	3.7	**9:53**	4.4	**3:49**	0.2	**3:38**	0.6	5:29	8:29	
4	Wed	**10:39**	3.6	**10:28**	4.3	**4:27**	0.2	**4:17**	0.7	5:29	8:28	
5	Thu	**11:21**	3.6	**11:07**	4.3	**5:03**	0.3	**4:54**	0.7	5:30	8:28	
6	Fri			**12:04**	3.7	**5:38**	0.3	**5:33**	0.8	5:30	8:28	
7	Sat			**12:50**	3.8	**6:15**	0.4	**6:18**	0.9	5:31	8:27	
8	Sun	**12:40**	4.1	**1:37**	3.9	**6:57**	0.4	**7:16**	0.9	5:32	8:27	
9	Mon	**1:33**	4.0	**2:26**	4.1	**7:48**	0.5	**8:26**	0.9	5:32	8:27	
10	Tue	**2:29**	3.9	**3:17**	4.3	**8:47**	0.4	**9:37**	0.7	5:33	8:26	
11	Wed	**3:28**	3.9	**4:15**	4.6	**9:48**	0.3	**10:43**	0.5	5:34	8:26	
12	Thu	**4:34**	3.8	**5:18**	4.8	**10:48**	0.2	**11:43**	0.2	5:35	8:25	
13	Fri	**5:43**	3.9	**6:19**	5.1	**11:46**	0.0			5:35	8:25	
14	Sat	**6:47**	4.1	**7:17**	5.3	**12:41**	-0.1	**12:43**	-0.1	5:36	8:24	
15	Sun	**7:46**	4.2	**8:11**	5.4	**1:37**	-0.3	**1:40**	-0.2	5:37	8:24	
16	Mon	**8:41**	4.4	**9:03**	5.4	**2:32**	-0.4	**2:38**	-0.2	5:38	8:23	
17	Tue	**9:36**	4.4	**9:56**	5.3	**3:25**	-0.5	**3:33**	-0.2	5:38	8:22	
18	Wed	**10:30**	4.4	**10:49**	5.1	**4:15**	-0.6	**4:25**	-0.1	5:39	8:22	
19	Thu	**11:26**	4.4	**11:42**	4.8	**5:02**	-0.5	**5:15**	0.1	5:40	8:21	
20	Fri			**12:21**	4.3	**5:48**	-0.3	**6:06**	0.4	5:41	8:20	
21	Sat	**12:36**	4.5	**1:14**	4.3	**6:35**	0.0	**7:01**	0.6	5:42	8:19	
22	Sun	**1:28**	4.2	**2:04**	4.2	**7:24**	0.3	**8:01**	0.9	5:43	8:19	
23	Mon	**2:17**	4.0	**2:51**	4.1	**8:15**	0.5	**9:03**	1.0	5:44	8:18	
24	Tue	**3:06**	3.7	**3:38**	4.1	**9:07**	0.7	**10:02**	1.0	5:45	8:17	
25	Wed	**3:58**	3.5	**4:28**	4.1	**9:58**	0.7	**10:56**	0.9	5:45	8:16	
26	Thu	**4:53**	3.4	**5:20**	4.1	**10:47**	0.8	**11:45**	0.8	5:46	8:15	
27	Fri	**5:50**	3.4	**6:12**	4.2	**11:34**	0.7			5:47	8:14	
28	Sat	**6:42**	3.5	**6:58**	4.3	**12:31**	0.6	**12:19**	0.7	5:48	8:13	
29	Sun	**7:29**	3.7	**7:40**	4.5	**1:15**	0.5	**1:05**	0.6	5:49	8:12	
30	Mon	**8:12**	3.8	**8:19**	4.5	**1:59**	0.4	**1:50**	0.6	5:50	8:11	
31	Tue	**8:53**	3.8	**8:55**	4.6	**2:42**	0.3	**2:34**	0.5	5:51	8:10	