
































Long Beach (inside), NY - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:36	3.7	8:42	4.5	2:27	0.3	2:14	0.5	5:28	8:29	
2	Mon	9:17	3.7	9:18	4.5	3:09	0.3	2:57	0.6	5:28	8:29	
3	Tue	9:58	3.7	9:53	4.4	3:49	0.2	3:38	0.6	5:29	8:29	
4	Wed	10:39	3.6	10:28	4.3	4:27	0.2	4:17	0.7	5:29	8:28	
5	Thu	11:21	3.6	11:07	4.3	5:03	0.3	4:54	0.7	5:30	8:28	
6	Fri			12:04	3.7	5:38	0.3	5:33	0.8	5:30	8:28	
7	Sat			12:50	3.8	6:15	0.4	6:18	0.9	5:31	8:27	
8	Sun	12:40	4.1	1:37	3.9	6:57	0.4	7:16	0.9	5:32	8:27	
9	Mon	1:33	4.0	2:26	4.1	7:48	0.5	8:26	0.9	5:32	8:27	
10	Tue	2:29	3.9	3:17	4.3	8:47	0.4	9:37	0.7	5:33	8:26	
11	Wed	3:28	3.9	4:15	4.6	9:48	0.3	10:43	0.5	5:34	8:26	
12	Thu	4:34	3.8	5:18	4.8	10:48	0.2	11:43	0.2	5:35	8:25	
13	Fri	5:43	3.9	6:19	5.1	11:46	0.0			5:35	8:25	
14	Sat	6:47	4.1	7:17	5.3	12:41	-0.1	12:43	-0.1	5:36	8:24	
15	Sun	7:46	4.2	8:11	5.4	1:37	-0.3	1:40	-0.2	5:37	8:24	
16	Mon	8:41	4.4	9:03	5.4	2:32	-0.4	2:38	-0.2	5:38	8:23	
17	Tue	9:36	4.4	9:56	5.3	3:25	-0.5	3:33	-0.2	5:38	8:22	
18	Wed	10:30	4.4	10:49	5.1	4:15	-0.6	4:25	-0.1	5:39	8:22	
19	Thu	11:26	4.4	11:42	4.8	5:02	-0.5	5:15	0.1	5:40	8:21	
20	Fri			12:21	4.3	5:48	-0.3	6:06	0.4	5:41	8:20	
21	Sat	12:36	4.5	1:14	4.3	6:35	0.0	7:01	0.6	5:42	8:19	
22	Sun	1:28	4.2	2:04	4.2	7:24	0.3	8:01	0.9	5:43	8:19	
23	Mon	2:17	4.0	2:51	4.1	8:15	0.5	9:03	1.0	5:44	8:18	
24	Tue	3:06	3.7	3:38	4.1	9:07	0.7	10:02	1.0	5:45	8:17	
25	Wed	3:58	3.5	4:28	4.1	9:58	0.7	10:56	0.9	5:45	8:16	
26	Thu	4:53	3.4	5:20	4.1	10:47	0.8	11:45	0.8	5:46	8:15	
27	Fri	5:50	3.4	6:12	4.2	11:34	0.7			5:47	8:14	
28	Sat	6:42	3.5	6:58	4.3	12:31	0.6	12:19	0.7	5:48	8:13	
29	Sun	7:29	3.7	7:40	4.5	1:15	0.5	1:05	0.6	5:49	8:12	
30	Mon	8:12	3.8	8:19	4.5	1:59	0.4	1:50	0.6	5:50	8:11	
31	Tue	8:53	3.8	8:55	4.6	2:42	0.3	2:34	0.5	5:51	8:10	