US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:32	3.9	9:31	4.6	3:23	0.2	3:17	0.5	5:52	8:09	
2	Thu	10:10	3.9	10:06	4.5	4:00	0.1	3:57	0.5	5:53	8:08	
3	Fri	10:49	4.0	10:45	4.4	4:36	0.1	4:37	0.5	5:54	8:07	
4	Sat	11:30	4.0	11:28	4.3	5:10	0.2	5:17	0.5	5:55	8:06	
5	Sun			12:16	4.1	5:45	0.2	6:02	0.6	5:56	8:04	
6	Mon	12:17	4.2	1:06	4.2	6:24	0.3	6:56	0.7	5:57	8:03	
7	Tue	1:12	4.0	1:58	4.4	7:13	0.4	8:04	0.8	5:58	8:02	
8	Wed	2:10	3.9	2:53	4.5	8:14	0.5	9:17	0.7	5:59	8:01	
9	Thu	3:10	3.8	3:53	4.6	9:23	0.5	10:26	0.5	6:00	8:00	
10	Fri	4:17	3.8	4:58	4.8	10:30	0.4	11:28	0.3	6:01	7:58	
11	Sat	5:29	3.9	6:04	4.9	11:32	0.2			6:02	7:57	
12	Sun	6:35	4.1	7:03	5.1	12:25	0.1	12:31	0.1	6:03	7:56	
13	Mon	7:33	4.3	7:57	5.3	1:20	-0.2	1:28	-0.1	6:04	7:54	
14	Tue	8:26	4.5	8:48	5.3	2:13	-0.3	2:23	-0.1	6:05	7:53	
15	Wed	9:17	4.6	9:36	5.2	3:04	-0.4	3:16	-0.1	6:05	7:52	
16	Thu	10:07	4.6	10:25	5.0	3:50	-0.4	4:06	0.0	6:06	7:50	
17	Fri	10:57	4.6	11:14	4.7	4:34	-0.3	4:53	0.1	6:07	7:49	
18	Sat	11:46	4.5			5:16	-0.1	5:39	0.4	6:08	7:47	
19	Sun	12:03	4.4	12:35	4.3	5:56	0.1	6:27	0.6	6:09	7:46	
20	Mon	12:54	4.1	1:24	4.2	6:38	0.4	7:20	0.9	6:10	7:44	
21	Tue	1:43	3.8	2:10	4.1	7:25	0.7	8:20	1.1	6:11	7:43	
22	Wed	2:32	3.6	2:57	4.0	8:17	0.9	9:22	1.1	6:12	7:41	
23	Thu	3:23	3.5	3:46	4.0	9:14	1.0	10:20	1.1	6:13	7:40	
24	Fri	4:18	3.4	4:40	4.0	10:11	1.1	11:13	0.9	6:14	7:38	
25	Sat	5:17	3.4	5:36	4.1	11:04	1.0			6:15	7:37	
26	Sun	6:13	3.5	6:28	4.2	12:00	0.8	11:53 AM	0.8	6:16	7:35	
27	Mon	7:02	3.7	7:12	4.4	12:45	0.6	12:39	0.7	6:17	7:34	
28	Tue	7:45	3.9	7:52	4.6	1:28	0.4	1:25	0.6	6:18	7:32	
29	Wed	8:24	4.1	8:30	4.7	2:10	0.3	2:10	0.4	6:19	7:31	
30	Thu	9:02	4.2	9:06	4.7	2:50	0.1	2:54	0.3	6:20	7:29	
31	Fri	9:39	4.3	9:43	4.6	3:29	0.1	3:37	0.3	6:21	7:27	