

































## Long Beach (inside), NY - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:08	3.8	1:23	3.8	7:04	0.3	7:32	-0.1	7:18	4:38	
2	Wed	2:01	3.8	2:16	3.6	8:10	0.4	8:27	0.0	7:18	4:39	
3	Thu	2:53	3.7	3:10	3.3	9:13	0.4	9:19	0.1	7:18	4:40	
4	Fri	3:47	3.7	4:07	3.2	10:08	0.3	10:07	0.1	7:18	4:41	
5	Sat	4:40	3.8	5:04	3.2	10:58	0.2	10:52	0.1	7:18	4:42	
6	Sun	5:29	3.9	5:54	3.2	11:44	0.1	11:35	0.1	7:18	4:42	
7	Mon	6:13	4.0	6:39	3.3			12:28	0.0	7:18	4:43	
8	Tue	6:54	4.1	7:21	3.3	12:18	0.1	1:12	-0.1	7:17	4:44	
9	Wed	7:32	4.1	8:02	3.3	1:01	0.0	1:54	-0.2	7:17	4:45	
10	Thu	8:08	4.1	8:41	3.3	1:43	0.0	2:33	-0.2	7:17	4:47	
11	Fri	8:44	4.0	9:21	3.3	2:24	0.1	3:11	-0.2	7:17	4:48	
12	Sat	9:18	3.9	10:00	3.2	3:02	0.1	3:45	-0.1	7:16	4:49	
13	Sun	9:52	3.8	10:40	3.2	3:38	0.2	4:19	-0.1	7:16	4:50	
14	Mon	10:29	3.6	11:22	3.2	4:14	0.3	4:51	0.0	7:16	4:51	
15	Tue	11:13	3.5			4:53	0.4	5:27	0.1	7:15	4:52	
16	Wed	12:06	3.3	12:02	3.4	5:40	0.4	6:10	0.1	7:15	4:53	
17	Thu	12:54	3.4	12:57	3.3	6:44	0.5	7:06	0.2	7:14	4:54	
18	Fri	1:44	3.6	1:54	3.2	8:00	0.4	8:12	0.1	7:14	4:55	
19	Sat	2:41	3.8	2:59	3.2	9:12	0.3	9:17	0.0	7:13	4:56	
20	Sun	3:45	4.0	4:11	3.2	10:16	0.0	10:19	-0.2	7:13	4:58	
21	Mon	4:51	4.3	5:20	3.4	11:15	-0.3	11:17	-0.4	7:12	4:59	
22	Tue	5:52	4.6	6:20	3.6			12:11	-0.6	7:11	5:00	
23	Wed	6:47	4.8	7:15	3.9	12:15	-0.6	1:06	-0.9	7:11	5:01	
24	Thu	7:40	4.9	8:08	4.0	1:12	-0.8	1:59	-1.0	7:10	5:02	
25	Fri	8:31	4.9	9:01	4.1	2:07	-0.9	2:49	-1.1	7:09	5:04	
26	Sat	9:23	4.8	9:55	4.1	3:00	-0.9	3:36	-1.1	7:08	5:05	
27	Sun	10:15	4.5	10:49	4.0	3:50	-0.7	4:22	-1.0	7:08	5:06	
28	Mon	11:08	4.2	11:42	3.9	4:39	-0.5	5:08	-0.7	7:07	5:07	
29	Tue			12:00	3.9	5:32	-0.2	5:55	-0.4	7:06	5:08	
30	Wed	12:34	3.8	12:52	3.6	6:30	0.1	6:47	-0.1	7:05	5:10	
31	Thu	1:24	3.7	1:43	3.3	7:33	0.3	7:42	0.1	7:04	5:11	