US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:11	4.6	1:53	4.3	7:18	-0.1	7:47	0.6	5:27	8:29	
2	Wed	2:07	4.4	2:47	4.4	8:16	0.0	8:57	0.6	5:28	8:29	
3	Thu	3:03	4.2	3:42	4.5	9:14	0.1	10:03	0.5	5:28	8:29	
4	Fri	4:00	4.0	4:38	4.6	10:10	0.1	11:04	0.4	5:29	8:28	
5	Sat	5:01	3.8	5:36	4.6	11:03	0.2	11:59	0.3	5:30	8:28	
6	Sun	6:03	3.8	6:31	4.7	11:54	0.2			5:30	8:28	
7	Mon	6:59	3.8	7:20	4.8	12:51	0.2	12:43	0.3	5:31	8:28	
8	Tue	7:50	3.8	8:05	4.8	1:41	0.2	1:31	0.4	5:31	8:27	
9	Wed	8:37	3.9	8:48	4.7	2:29	0.1	2:19	0.4	5:32	8:27	
10	Thu	9:22	3.9	9:30	4.6	3:14	0.1	3:05	0.5	5:33	8:26	
11	Fri	10:07	3.8	10:11	4.4	3:56	0.1	3:49	0.6	5:33	8:26	
12	Sat	10:52	3.8	10:53	4.3	4:35	0.2	4:29	0.7	5:34	8:26	
13	Sun	11:38	3.7	11:35	4.1	5:11	0.3	5:09	0.8	5:35	8:25	
14	Mon			12:24	3.7	5:47	0.4	5:48	0.9	5:36	8:25	
15	Tue	12:17	3.9	1:08	3.7	6:22	0.6	6:32	1.1	5:36	8:24	
16	Wed	1:01	3.7	1:51	3.8	7:01	0.7	7:25	1.2	5:37	8:23	
17	Thu	1:44	3.6	2:32	3.8	7:44	0.8	8:26	1.2	5:38	8:23	
18	Fri	2:28	3.5	3:14	3.9	8:35	0.9	9:30	1.2	5:39	8:22	
19	Sat	3:17	3.4	4:01	4.1	9:29	0.9	10:30	1.0	5:40	8:21	
20	Sun	4:14	3.3	4:54	4.2	10:24	0.8	11:26	0.7	5:41	8:21	
21	Mon	5:19	3.4	5:52	4.5	11:18	0.7			5:41	8:20	
22	Tue	6:21	3.5	6:46	4.7	12:18	0.5	12:11	0.5	5:42	8:19	
23	Wed	7:17	3.7	7:37	5.0	1:10	0.2	1:04	0.3	5:43	8:18	
24	Thu	8:07	4.0	8:26	5.2	2:02	0.0	1:59	0.2	5:44	8:17	
25	Fri	8:58	4.2	9:16	5.3	2:53	-0.3	2:54	0.0	5:45	8:16	
26	Sat	9:49	4.3	10:07	5.2	3:42	-0.4	3:47	-0.1	5:46	8:16	
27	Sun	10:42	4.4	11:00	5.1	4:28	-0.5	4:39	-0.1	5:47	8:15	
28	Mon	11:38	4.5	11:56	4.8	5:14	-0.5	5:31	0.0	5:48	8:14	
29	Tue			12:34	4.6	6:01	-0.4	6:27	0.2	5:49	8:13	
30	Wed	12:52	4.6	1:30	4.6	6:51	-0.2	7:29	0.4	5:50	8:12	
31	Thu	1:48	4.3	2:24	4.6	7:46	0.1	8:37	0.6	5:51	8:11	