US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:43	4.0	3:18	4.5	8:45	0.3	9:44	0.6	5:51	8:10	
2	Sat	3:40	3.8	4:14	4.5	9:44	0.4	10:46	0.6	5:52	8:08	
3	Sun	4:41	3.7	5:13	4.4	10:41	0.5	11:42	0.5	5:53	8:07	
4	Mon	5:44	3.6	6:11	4.5	11:34	0.6			5:54	8:06	
5	Tue	6:42	3.7	7:02	4.5	12:33	0.4	12:24	0.6	5:55	8:05	
6	Wed	7:32	3.8	7:47	4.6	1:21	0.4	1:12	0.6	5:56	8:04	
7	Thu	8:17	3.9	8:29	4.6	2:06	0.3	1:59	0.5	5:57	8:03	
8	Fri	8:59	4.0	9:08	4.5	2:49	0.2	2:44	0.5	5:58	8:01	
9	Sat	9:40	4.0	9:45	4.4	3:28	0.2	3:26	0.5	5:59	8:00	
10	Sun	10:20	4.0	10:22	4.3	4:04	0.2	4:05	0.6	6:00	7:59	
11	Mon	11:00	4.0	10:58	4.1	4:38	0.3	4:43	0.7	6:01	7:58	
12	Tue	11:40	3.9	11:35	3.9	5:09	0.4	5:19	0.8	6:02	7:56	
13	Wed			12:20	3.9	5:39	0.5	5:57	0.9	6:03	7:55	
14	Thu	12:14	3.7	1:00	3.9	6:09	0.7	6:41	1.1	6:04	7:54	
15	Fri	12:58	3.6	1:41	3.9	6:43	0.8	7:37	1.2	6:05	7:52	
16	Sat	1:45	3.4	2:25	4.0	7:29	1.0	8:46	1.2	6:06	7:51	
17	Sun	2:38	3.4	3:15	4.1	8:33	1.0	9:55	1.0	6:07	7:49	
18	Mon	3:37	3.3	4:14	4.3	9:44	1.0	10:57	0.8	6:08	7:48	
19	Tue	4:46	3.4	5:20	4.5	10:50	0.8	11:53	0.5	6:09	7:47	
20	Wed	5:55	3.6	6:22	4.8	11:50	0.5			6:10	7:45	
21	Thu	6:55	3.9	7:18	5.1	12:46	0.2	12:47	0.3	6:11	7:44	
22	Fri	7:48	4.3	8:09	5.3	1:37	-0.1	1:43	0.0	6:12	7:42	
23	Sat	8:38	4.6	8:59	5.4	2:28	-0.4	2:38	-0.2	6:13	7:41	
24	Sun	9:29	4.8	9:49	5.3	3:16	-0.5	3:32	-0.3	6:14	7:39	
25	Mon	10:20	4.9	10:41	5.1	4:03	-0.6	4:24	-0.3	6:15	7:38	
26	Tue	11:13	5.0	11:34	4.8	4:48	-0.6	5:15	-0.1	6:16	7:36	
27	Wed			12:07	4.9	5:33	-0.4	6:08	0.1	6:17	7:35	
28	Thu	12:30	4.5	1:03	4.8	6:21	-0.1	7:07	0.4	6:18	7:33	
29	Fri	1:28	4.2	1:58	4.6	7:14	0.3	8:13	0.7	6:19	7:31	
30	Sat	2:24	3.9	2:53	4.5	8:15	0.6	9:22	0.8	6:20	7:30	
31	Sun	3:21	3.7	3:49	4.3	9:19	0.8	10:26	0.8	6:21	7:28	