US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:33	4.0	5:52	0.4	6:07	0.9	5:52	8:09	
2	Mon	12:35	3.8	1:17	4.0	6:28	0.6	6:54	1.1	5:53	8:08	
3	Tue	1:20	3.6	2:00	3.9	7:06	0.8	7:49	1.2	5:54	8:07	
4	Wed	2:05	3.4	2:42	3.9	7:52	1.0	8:52	1.2	5:55	8:05	
5	Thu	2:51	3.3	3:27	3.9	8:47	1.1	9:54	1.2	5:56	8:04	
6	Fri	3:43	3.2	4:18	4.0	9:46	1.1	10:52	1.0	5:57	8:03	
7	Sat	4:44	3.2	5:15	4.1	10:43	1.0	11:44	0.8	5:58	8:02	
8	Sun	5:48	3.3	6:11	4.3	11:36	0.9			5:59	8:00	
9	Mon	6:43	3.5	7:01	4.6	12:33	0.6	12:26	0.7	6:00	7:59	
10	Tue	7:31	3.7	7:47	4.8	1:21	0.3	1:16	0.5	6:01	7:58	
11	Wed	8:16	4.0	8:31	5.0	2:08	0.1	2:07	0.3	6:02	7:57	
12	Thu	9:00	4.2	9:15	5.1	2:53	-0.1	2:57	0.1	6:03	7:55	
13	Fri	9:45	4.4	10:01	5.0	3:37	-0.3	3:46	0.0	6:04	7:54	
14	Sat	10:32	4.6	10:50	4.9	4:19	-0.4	4:35	0.0	6:05	7:53	
15	Sun	11:23	4.7	11:42	4.6	5:01	-0.3	5:24	0.1	6:06	7:51	
16	Mon			12:17	4.7	5:44	-0.2	6:17	0.3	6:07	7:50	
17	Tue	12:38	4.4	1:13	4.7	6:31	0.0	7:19	0.5	6:08	7:48	
18	Wed	1:36	4.1	2:09	4.7	7:26	0.2	8:29	0.7	6:09	7:47	
19	Thu	2:35	3.9	3:06	4.6	8:29	0.4	9:40	0.7	6:10	7:45	
20	Fri	3:36	3.7	4:07	4.5	9:37	0.6	10:46	0.6	6:11	7:44	
21	Sat	4:41	3.7	5:12	4.5	10:41	0.6	11:44	0.5	6:12	7:43	
22	Sun	5:49	3.7	6:15	4.5	11:40	0.5			6:13	7:41	
23	Mon	6:48	3.9	7:09	4.6	12:36	0.3	12:33	0.5	6:14	7:39	
24	Tue	7:39	4.1	7:55	4.7	1:25	0.2	1:24	0.4	6:15	7:38	
25	Wed	8:24	4.2	8:37	4.7	2:10	0.1	2:11	0.4	6:16	7:36	
26	Thu	9:06	4.3	9:17	4.6	2:53	0.1	2:57	0.4	6:16	7:35	
27	Fri	9:46	4.3	9:55	4.4	3:31	0.1	3:39	0.4	6:17	7:33	
28	Sat	10:26	4.3	10:33	4.2	4:06	0.2	4:18	0.5	6:18	7:32	
29	Sun	11:05	4.2	11:11	4.0	4:39	0.3	4:56	0.6	6:19	7:30	
30	Mon	11:45	4.2	11:52	3.8	5:10	0.5	5:33	0.8	6:20	7:29	
31	Tue			12:26	4.1	5:40	0.7	6:13	1.0	6:21	7:27	