

































Long Beach (inside), NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:10	4.0	5:45	3.1	11:38	0.1	11:25	0.1	7:18	4:38	
2	Wed	5:59	4.2	6:33	3.3			12:26	-0.1	7:18	4:38	
3	Thu	6:45	4.5	7:19	3.5	12:14	-0.1	1:15	-0.4	7:18	4:39	
4	Fri	7:31	4.6	8:06	3.7	1:05	-0.3	2:03	-0.6	7:18	4:40	
5	Sat	8:17	4.7	8:53	3.8	1:56	-0.4	2:48	-0.7	7:18	4:41	
6	Sun	9:05	4.7	9:44	3.9	2:46	-0.5	3:33	-0.8	7:18	4:42	
7	Mon	9:55	4.5	10:38	4.0	3:35	-0.5	4:17	-0.8	7:18	4:43	
8	Tue	10:49	4.3	11:34	4.0	4:25	-0.4	5:02	-0.7	7:17	4:44	
9	Wed	11:45	4.0			5:20	-0.2	5:52	-0.5	7:17	4:45	
10	Thu	12:30	4.1	12:42	3.8	6:22	0.0	6:48	-0.3	7:17	4:46	
11	Fri	1:25	4.1	1:39	3.5	7:31	0.1	7:50	-0.1	7:17	4:47	
12	Sat	2:21	4.0	2:38	3.3	8:41	0.2	8:52	-0.1	7:16	4:48	
13	Sun	3:20	4.0	3:43	3.1	9:46	0.1	9:52	0.0	7:16	4:49	
14	Mon	4:22	4.0	4:50	3.1	10:44	0.0	10:47	0.0	7:16	4:50	
15	Tue	5:22	4.1	5:50	3.2	11:38	-0.1	11:39	0.0	7:15	4:51	
16	Wed	6:14	4.1	6:41	3.3			12:27	-0.2	7:15	4:53	
17	Thu	7:01	4.2	7:26	3.4	12:28	-0.1	1:14	-0.3	7:15	4:54	
18	Fri	7:43	4.2	8:09	3.5	1:16	-0.1	1:58	-0.4	7:14	4:55	
19	Sat	8:24	4.1	8:50	3.5	2:01	-0.1	2:37	-0.4	7:13	4:56	
20	Sun	9:03	4.0	9:30	3.5	2:42	-0.1	3:14	-0.4	7:13	4:57	
21	Mon	9:42	3.8	10:10	3.4	3:21	0.0	3:48	-0.3	7:12	4:58	
22	Tue	10:20	3.6	10:50	3.4	3:58	0.1	4:20	-0.2	7:12	4:59	
23	Wed	11:00	3.4	11:30	3.3	4:34	0.3	4:51	0.0	7:11	5:01	
24	Thu	11:41	3.2			5:13	0.5	5:24	0.1	7:10	5:02	
25	Fri	12:11	3.3	12:25	3.0	5:58	0.6	6:01	0.3	7:10	5:03	
26	Sat	12:52	3.3	1:11	2.9	6:58	0.7	6:51	0.4	7:09	5:04	
27	Sun	1:35	3.4	2:03	2.7	8:10	0.7	7:54	0.5	7:08	5:05	
28	Mon	2:26	3.4	3:03	2.7	9:17	0.6	9:01	0.4	7:07	5:07	
29	Tue	3:26	3.6	4:11	2.8	10:17	0.4	10:03	0.2	7:06	5:08	
30	Wed	4:33	3.8	5:15	3.0	11:10	0.1	11:00	0.0	7:05	5:09	
31	Thu	5:33	4.1	6:10	3.3			12:01	-0.2	7:04	5:10	